

## Introducing the MyChart app for patients and carers

### At Guy's and St Thomas' and King's College Hospital NHS Foundation Trusts

MyChart is an app and online portal that can be used on a mobile, tablet or computer. MyChart lets patients securely and easily access their hospital health record, giving them more control over their care.

You will be invited to sign up to MyChart if you're referred to, or are having care at, hospitals and community services that are part of Guy's and St Thomas' or King's trusts. Parents, family members, guardians and carers can also use MyChart for a child or adult patient they care for.

With MyChart, you can:

- find test results and letters in one, easy place
- get more time in appointments by telling us what we need to know beforehand
- save time travelling by having a video appointment
- keep your medical information up to date
- share your health record with the people who matter
- support your friends and family by helping to manage their healthcare

### Find out more

If you'd like more information about MyChart, visit either trust website and search 'MyChart'. You can also ask the healthcare team you're having care with or are being referred to about MyChart and how to sign up.

### MyChart patient helpdesk

If you need help, we're here for you.

#### At Guy's and St Thomas'

Phone 020 7188 8803 Monday to Friday, 9am to 5pm.

Outside these hours, please leave us a message and we will call you back.

Email [mycharthelpdesk@gstt.nhs.uk](mailto:mycharthelpdesk@gstt.nhs.uk)

#### At King's

Phone 0203 299 4618 Monday to Friday, 9am to 5pm.

Email [kings.mychart@nhs.net](mailto:kings.mychart@nhs.net)

### If you do not use MyChart

Your care is important to us. If you do not use MyChart you will continue to get letters and calls from healthcare teams at both trusts.