

Learning Disability
and Autism



Learning Disability and Autism Big Health Week 2022



Morning sessions via Zoom



Afternoon sessions in person

Come join us!
7th – 11th
November 2022



Delivered by



Commissioned by



South East London

Monday

7th November 2022

Morning Virtual session Via Zoom



Living with Diabetes



What can your Pharmacy do for you



Afternoon In person sessions Venue: Community House (BR1 1RH)



Yoga
Art session



Art session
Fun Exercise



Register here

For more information contact the organisers on:



HA@advocacyforall.org.uk



07548 740 224

Tuesday

8th November 2022

Morning Virtual session Via Zoom



Finding out about bowel cancer screening



What does a good Annual Health Check look like



Afternoon In person sessions Venue: Bede House (SE16 2JW)



Dance workshop – Magpie Dance



Register here

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07548 740 224

Wednesday

9th November 2022

Morning Virtual session Via Zoom



Gig Buddies



What is Personalised Care



Afternoon In person sessions We ARE 336-Brixton (SW9 7AA)



Death Cafe



Keeping well in the community



Mental health (Mind Apples)



[Register here](#)

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Learning Disability
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Thursday

10th November 2022

Morning Virtual session Via Zoom



Vaccinations and needle phobia



Reasonable adjustments in healthcare



Afternoon In person sessions The O2 Greenwich meet at 2.00pm



Walk and Talk



Afternoon In person sessions Venue: Christchurch (DA6 7BT)



Songs that make you happy



Register here

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Friday

11th November 2022

Morning Virtual session Via Zoom



Speak up! Cost of Living



Understanding Worry



Afternoon In person sessions Venue: The Albany (SE8 4AG)



Big Health Quiz



Music Disco (option to join
online via Zoom as well)



[Register here](#)

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