



# Lewisham Borough

## Practice Pharmacist Forum

June 2022





# Agenda

- 10:00 - 10:10 Welcome and Introductions
- 10:10 – 10:35 OTC prescribing overview (21/22)
- 10:35 – 11:15 MOP 22/23
- 11:15 – 11:20 5 min break
- 11:20 – 11:45 Pharmacy Services update (CPCS, Pharmacy First, Hypertension Service)
- 11:45 – 11:55 Medicines Optimisation developments (Wound care, DMS)
- 11:55 – 12:00 Questions and Closing statements



The QIPP target for Lewisham is £945,000





**OTC  
Prescribing  
Data  
21/22**

**PCN Comparison**

**OTC Conditions**

**Medication Breakdown**



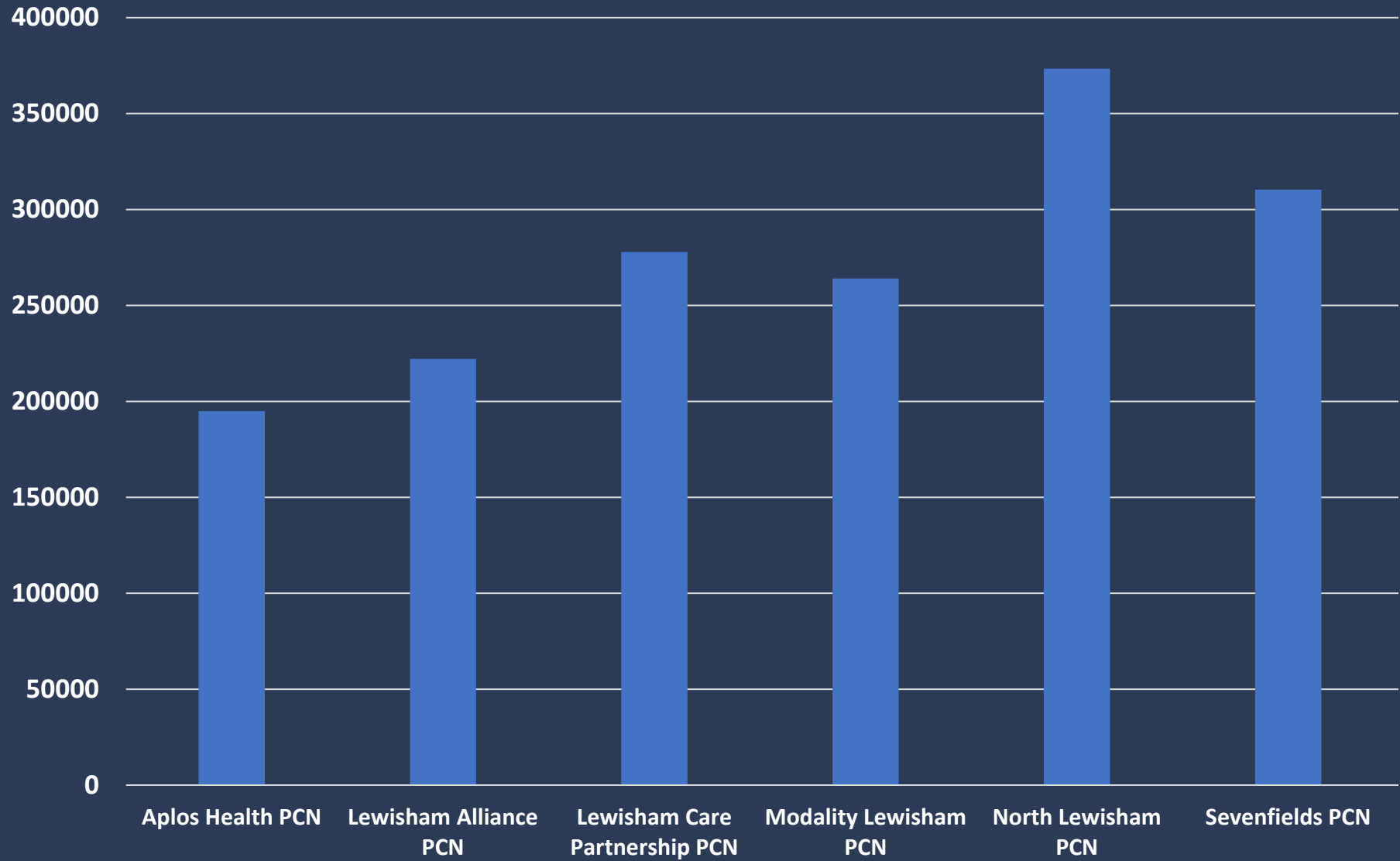
## PCN Comparison



OTC Conditions

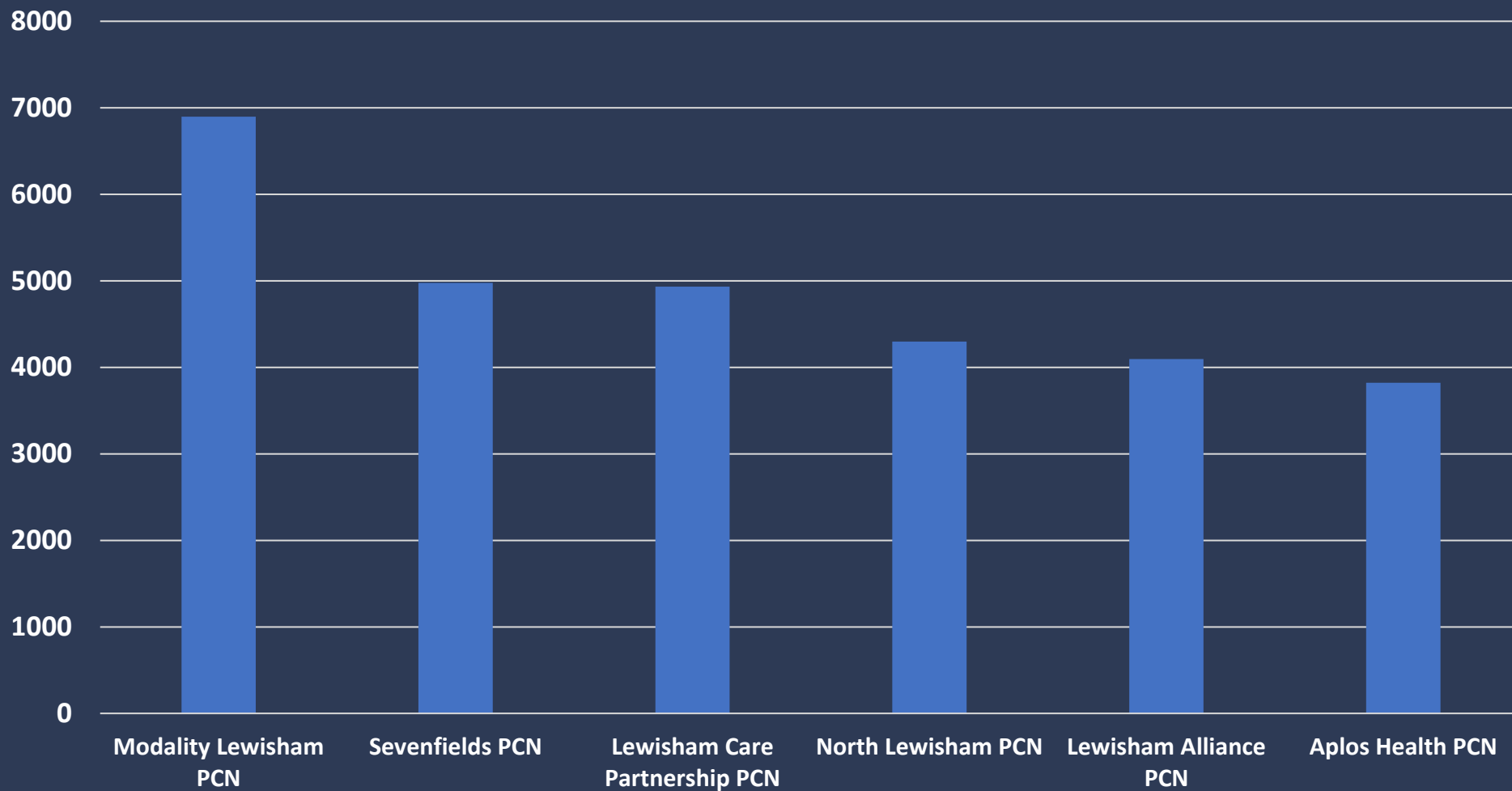


## Lewisham PCNs Total OTC expenditure April 2021 – March 2022 (£)





## Lewisham PCNs Total OTC expenditure April 2021 – March 2022 (£), adjusted per 1000 registered patients





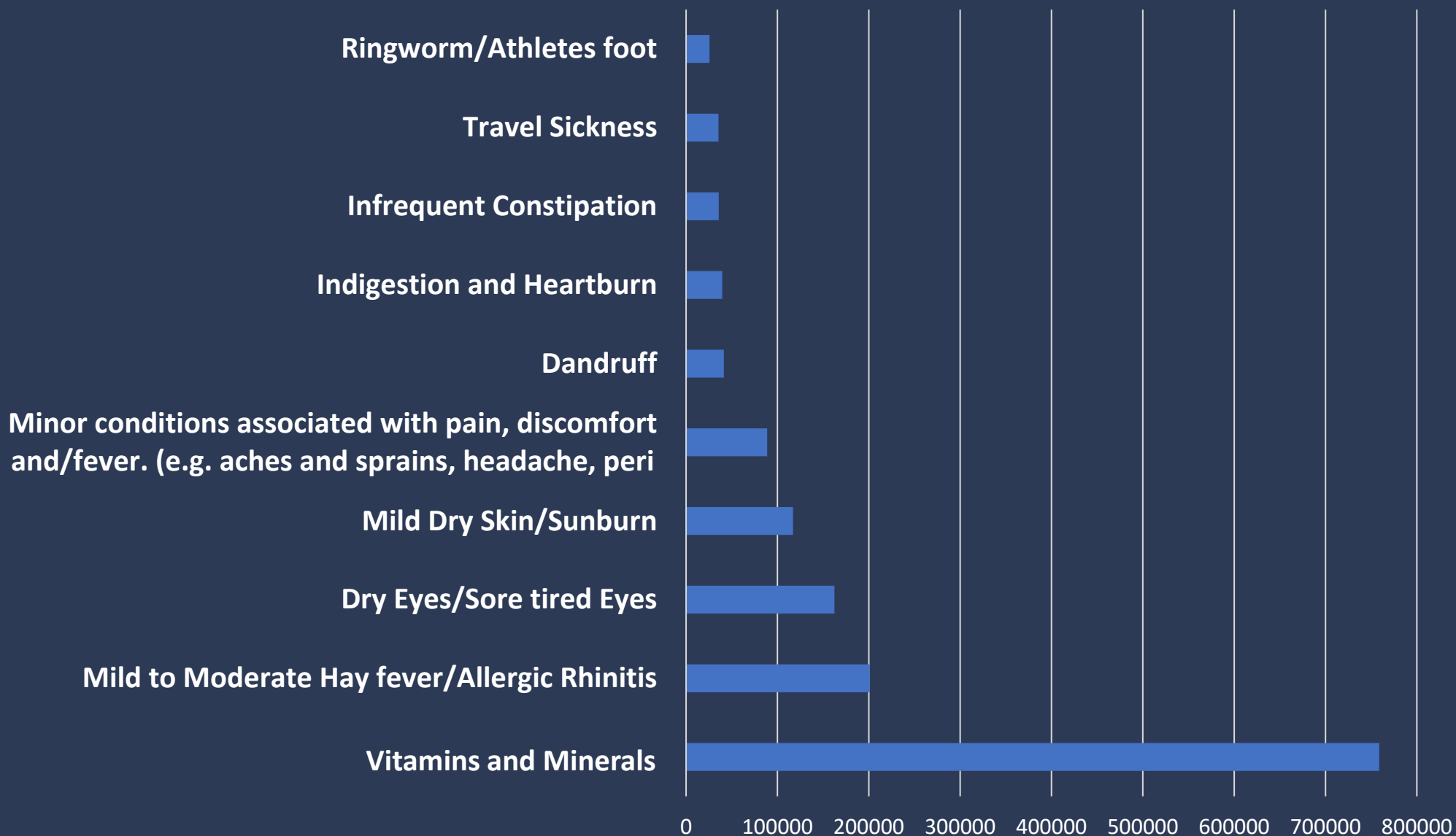
## OTC Conditions



## Medication Breakdown



## The Ten OTC Conditions with the highest expenditure (£)





# VITAMINS AND MINERALS



## Cyanocobalamin

Cyanocobalamin 1mg modified release tablets - £57k



## Vitamin B compound

£35k on Vitamin B compound and compound strong tablets



## Vitamin D

All Colecalciferol preparations - £430k

## All Others

All other areas - £202k  
(e.g.). Abidec drops - £6k  
Forceval capsules - £28k

# OTC Spotlight



- Sodium cromoglicate eyedrops - £45k
- Fluticasone nasal sprays and Beclomethasone nasal sprays - £35k
- Antihistamines - £160k

Hayfever /  
Rhinitis

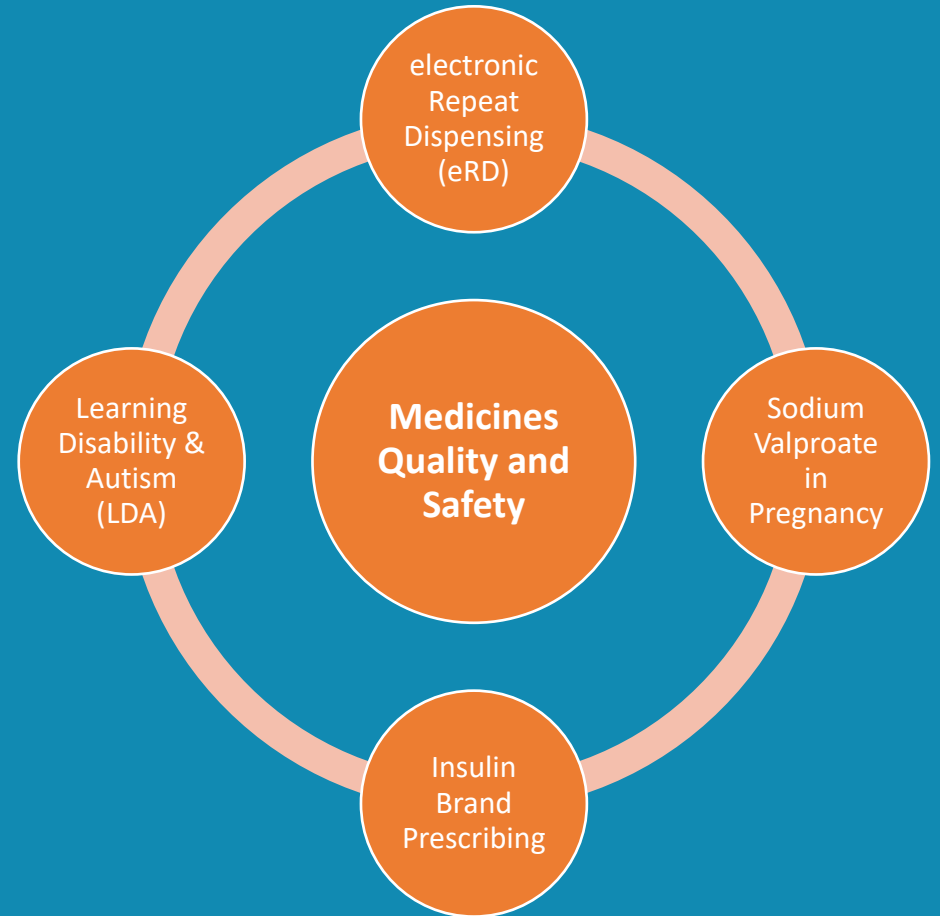
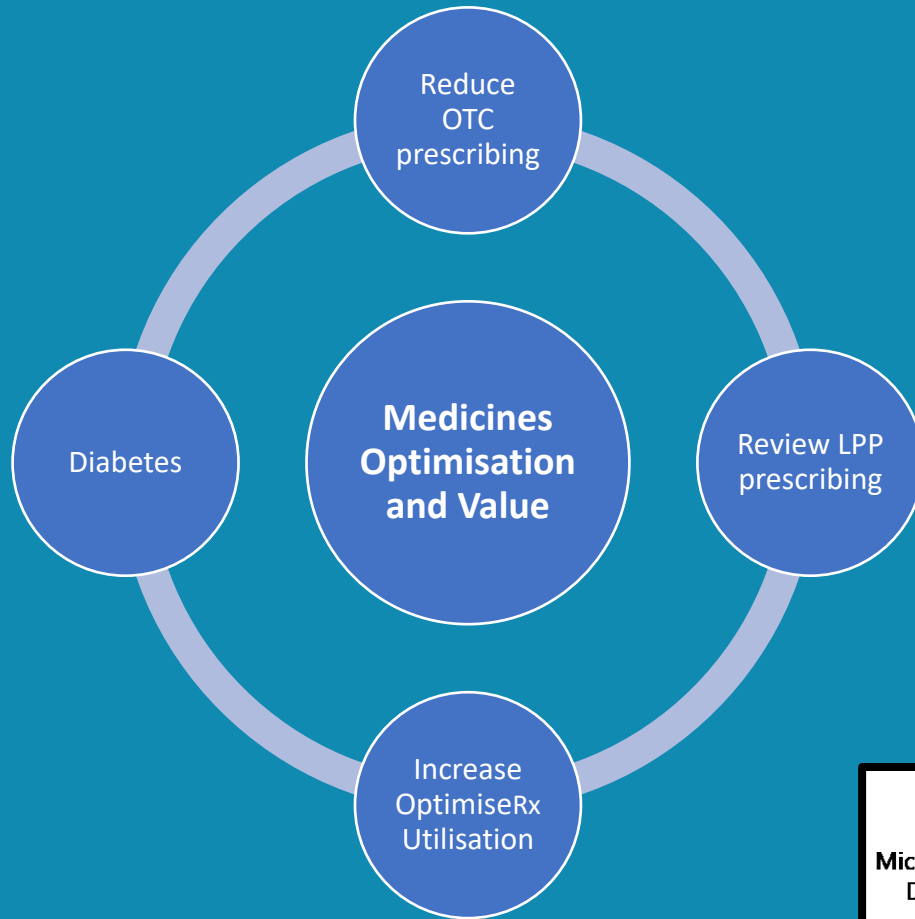
- Hylo-Tear 0.1% eye drops preservative free - £34K
- Hylo-forte 0.2% eye drops preservative free - £31K

Dry/ Sore  
tired eyes

- Paractemol of minor conditions associated with pain, discomfort and/fever - £28K
- Diclofenac 1.16% gel - £19K
- Diclofenac 2.32% gel - £9K

Other

# MOP 22/23



[Link to MOP](#)

# MOP 22/23



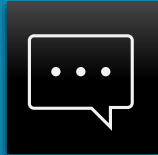
**Optimise  
Rx**

**Monitor  
ePact2 data**

**Liaise with  
Patients**



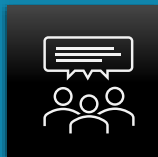
# Optimise Rx



Optimise Rx. messages are prompts for GP staff which will help trigger better prescribing decisions



The team at Optimise Rx. use evidence-based medicines and cost-effectiveness in creating their messages



All messages are reviewed by the Medicines Management team at Lewisham review all messages



Particular emphasis is on OTC medicines; following these prompts will help cost-savings in our borough



Particular emphasis is on OTC medicines; following these prompts will help cost-savings in our borough



Wash products and shower emollients (non-formulary): do not routinely prescribe - South East London Area Prescribing Committee + Actions Comment

**Headline:**  
Review prescription of non-formulary wash product or shower cream.

**Details:**  
Shower emollients and wash products should not be prescribed routinely unless in specified circumstances in the preferred list on the South East London APC Emollient Guide for Adults and Children (Oct 2020). The amount of emollient deposited on the skin during bathing or showering is likely to be far lower than with directly applied emollient creams or ointments. Offer the product with the lowest acquisition cost from the preferred list appropriate to the patient's condition.

<b>Local Text:</b> <span>+</span>	<b>References:</b> <span>+</span> <a href="#">Local Reference</a> <a href="#">Local Reference</a>	<b>Description of Rule Logic:</b> Patients prescribed E45 emollient wash cream, E45 emollient shower cream, Dermal 200 shower emollient, Dermal wash or Oilatum gel.
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View Trigger Products View Audit History ID: 12497

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**Local Text:**



**References:**



[Local Reference](#)

[Local Reference](#)

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View Trigger Products

View Audit History

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# MOP 22/23



**Optimise  
Rx**

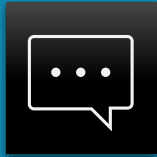
**Monitor  
ePact2 data**

**Liaise with  
Patients**





# Monitor ePact2 data



The Lewisham Medicines Optimisation Team will continue to monitor ePACT2 data



We will feedback to practices where needed



# MOP 22/23



**Optimise  
Rx**

**Monitor  
ePact2 data**

**Liaise with  
Patients**



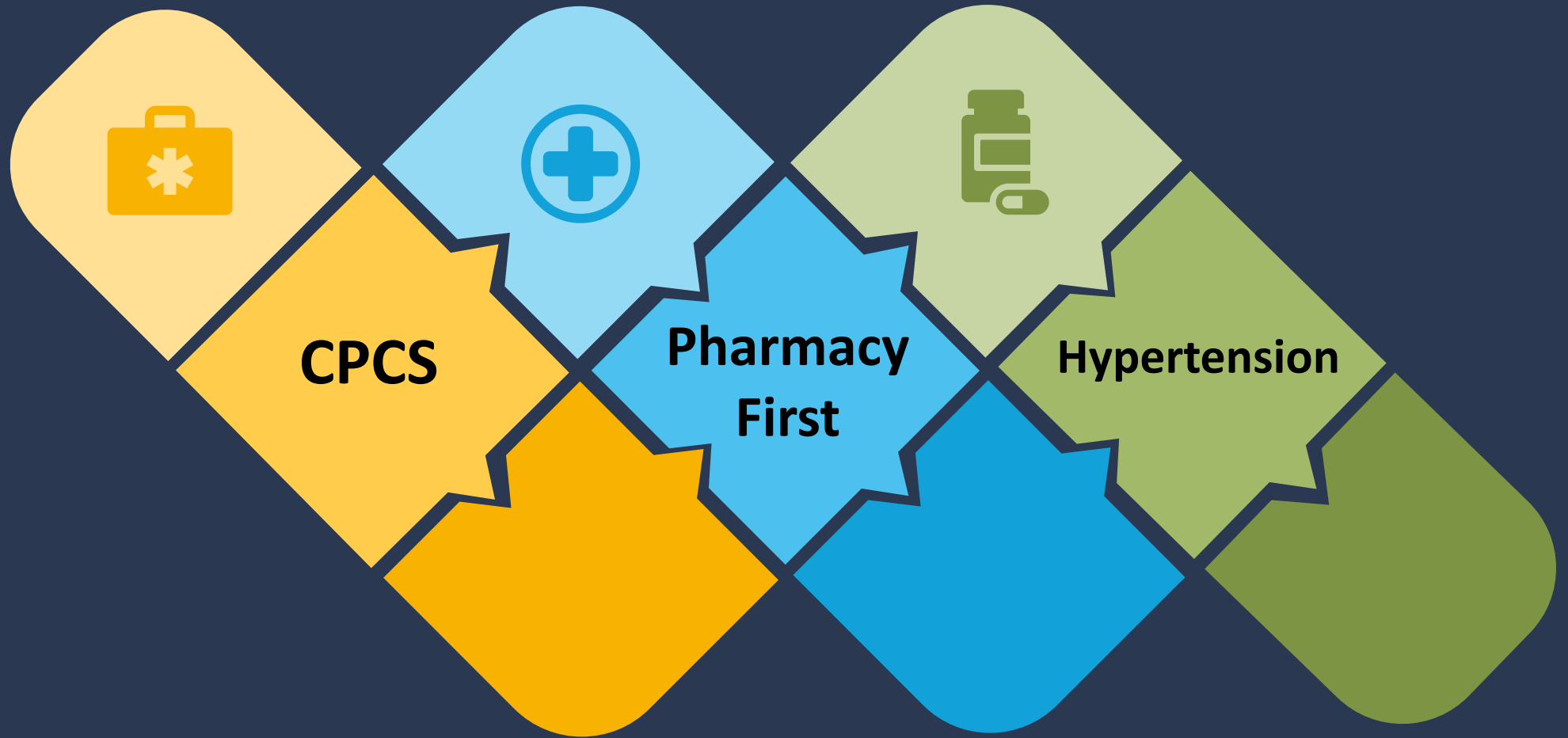
# Liaise with Patients



**We are happy to join and present at any:**

- Practice events
- Community events
- with Patient groups

# PHARMACY SERVICES



# Community Pharmacy Consultation Service (CPCS) – GP - **BACKGROUND**



- NHS CPCS receives referrals from NHS 111 (minor illnesses and emergency repeat medication), Integrated Urgent Care Clinical Assessment Services and in some cases patients referred via the 999 service (minor illnesses).
- Since November 2020, the service was extended to include GP referrals (GP-CPCS) with a referral pathway **exclusively for minor illness presentations**.
- The CPCS aims to relieve pressure on the wider NHS by connecting patients with community pharmacy, which should be their first port of call and can deliver a swift, convenient and effective service to meet their needs.
- Since the CPCS was launched, an average of 10,500 patients per week being referred for a consultation with a pharmacist following a call to NHS 111; these are patients who might otherwise have gone to see a GP.

# Community Pharmacy Consultation Service (CPCS) – GP - **BACKGROUND**

- The following Lewisham practices have been actively referring as of May 2022:

- Downham Practice 31 referrals
- Amersham Vale 28 referrals
- The Vale MC 26 referrals
- Deptford Surgery 11 referrals
- Triangle Group 11 referrals
- The Jenner Practice 8 referrals
- Nightingale Surgery 7 referrals
- Clifton Rise Practice 4 referrals
- Kingfisher MC 2 referrals
- Sydenham Green 2 referrals
- Woodlands Surgery 2 referrals
- St. Johns (TLCP) 1 referral
- Wells Park Practice 1 referral

132 Referrals in total for May 2022





# Community Pharmacy Consultation Service (CPCS) – GP – **EMIS PATIENT ACCESS**



Across South East London CCG (SEL CCG) including for Lewisham borough GP practices, EMIS Patient Access has been purchased and enabled on EMIS.

EMIS Patient Access allows referrals to be sent at a click of a button to a nominated community pharmacy for CPCS.

It includes a triaging system for reception/admin staff to assess appropriateness for a patient to be referred to CPCS at the point of booking an appointment, as an alternative streaming pathway – relieving pressure on GP services.



<https://www.youtube.com/watch?v=pyQUfUR2lz0>



# Community Pharmacy Consultation Service (CPCS) – GP – **EMIS PATIENT ACCESS**

## Post Event Messaging

For post-event messages to be received and to enable/verify EMIS Patient Access, a **secure nhs.net email address** is required for activation by every practice.

The following practices have either not supplied an email address to EMIS for Patient Access or have not verified the email address they have provided to EMIS.

Instructions on how to activate Post-Event Messaging is included in the embedded guide:



73BE308A.pdf





# Community Pharmacy Consultation Service (CPCS) – GP – EMIS PATIENT ACCESS

## Post Event Messaging

PRACTICE	ODS CODE	NOTES
Queens Road Partnership	G85015	Unverified. Request for verification sent by EMIS, awaiting for response from the practice.
Hilly Fields Medical Centre	G85055	Unverified. Request for verification sent by EMIS, awaiting for response from the practice.
Honor Oak Group Practice	G85089	Unverified. Request for verification sent by EMIS, awaiting for response from the practice.
Wells Park Practice	G85114	EMIS Verification email not actioned, lapsed. Practice needs to re-verify
Parkview Practice	G85121	EMIS Verification email not actioned, lapsed. Practice needs to re-verify
Vale medical Centre	G95696	Unverified. Request for verification sent by EMIS, awaiting for response from the practice.
Deptford Surgery	G85711	Unverified. Request for verification sent by EMIS, awaiting for response from the practice.
Oakview Family Practice	G85716	Unverified. Request for verification sent by EMIS, awaiting for response from the practice.
Deptford Medical Centre	G85736	Unverified. Request for verification sent by EMIS, awaiting for response from the practice.
Baring Road Medical Centre	G85036	Error in details attempting to be verified



# Staff Training & Resources

SEL CCG has made available the **Virtual Outcomes GP-CPCS training** for GP front line staff members. This can be accessed by clicking the following link, the Surgery ODS code will be required to access the training:

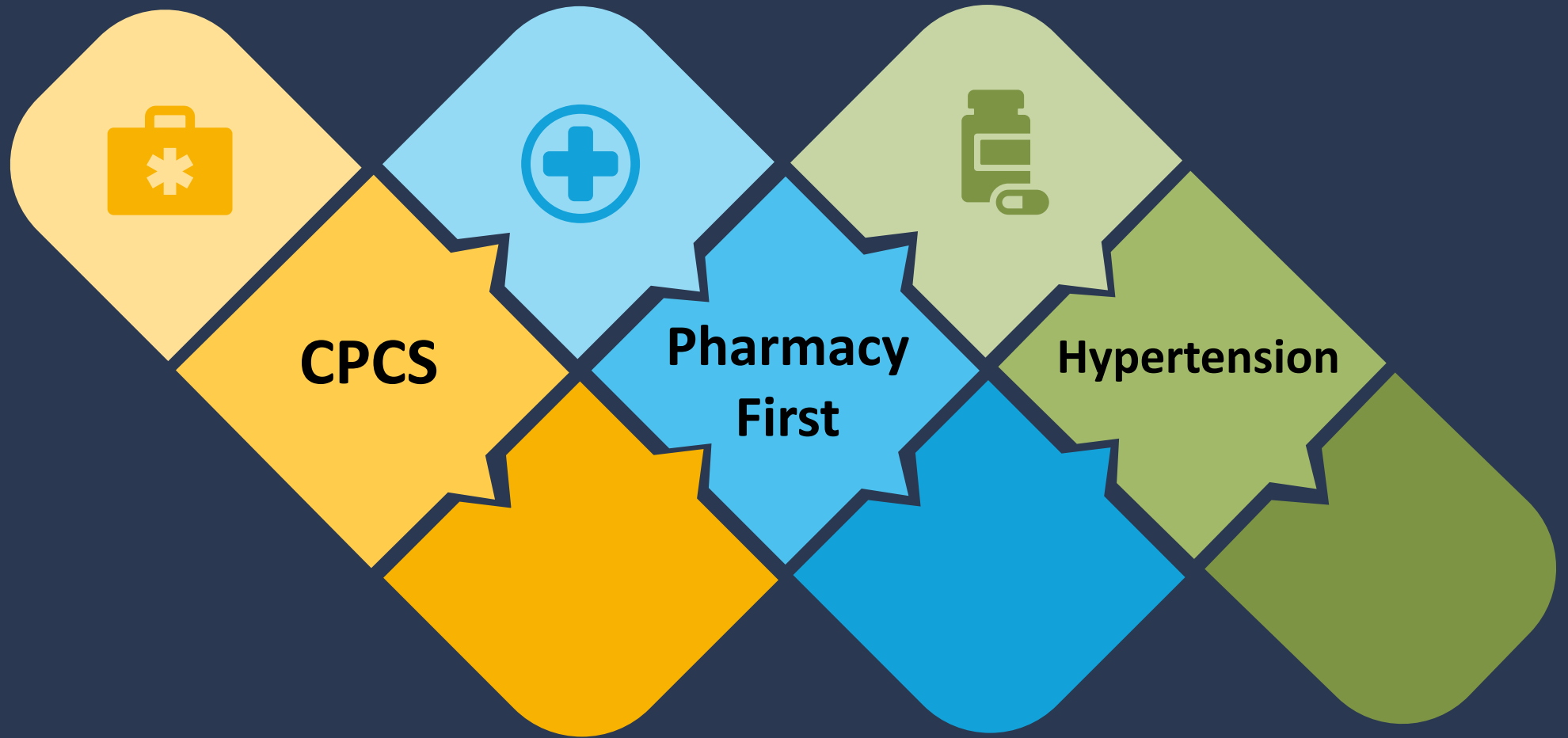
[Online Event \(workcast.com\).](#)

Resources that are available to support General Practice on CPCS also include the following (all embedded in the next slide):

- GP-CPCS Green & Red System Checker. Useful table for reference on conditions suitable for GP-CPCS
- FAQs on GP-CPCS
- Template GP-CPCS Standard Operating Procedure (SOP)
- Suggested Script for Reception Team on CPCS with Patients
- Content for Surgery's websites, digital screens and printed info
- Suggested Q&A for Patients for use on Practice Website



# PHARMACY SERVICES



**CPCS**

**Pharmacy  
First**

**Hypertension**

# Pharmacy First

## Pharmacy First

- Commissioned by the South East London CCG (Lewisham) medicines optimisation team.
- **Service** providing advice +/- medication to people for the management of common illnesses.
- There is now no age restriction and pregnant patients are included.

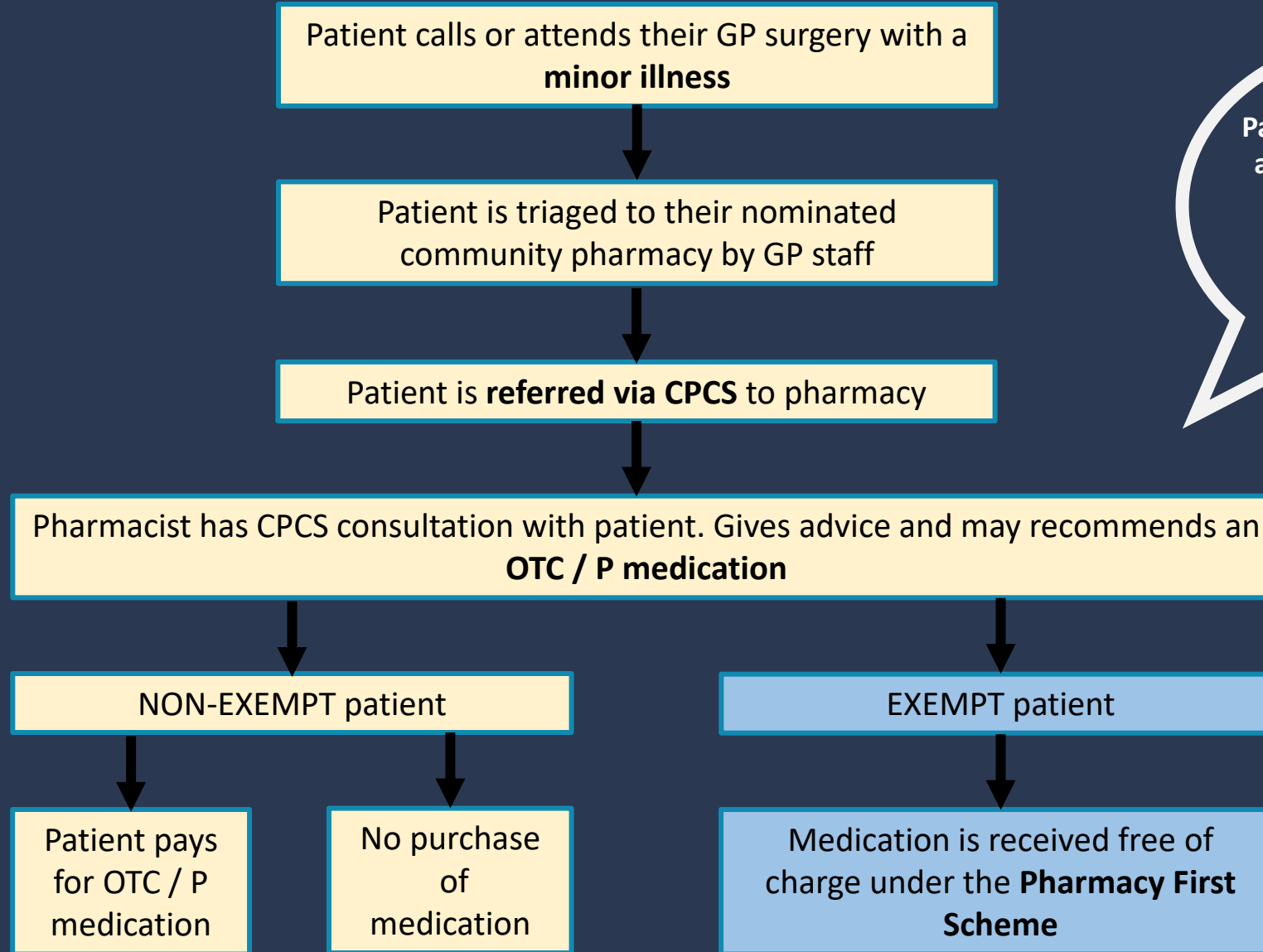
## CPCS

- Advanced service
- Referrals made by GP staff for patients that will benefit from minor ailment treatment at a community pharmacy. (Includes patients who ring the GP).



CPCS

# CPCS / Pharmacy First in Practice



Patient is registered with a Lewisham GP surgery and pharmacy is contracted to provide the Pharmacy First Scheme

# Pharmacy First



**NHS**  
South East London  
Clinical Commissioning Group

**Think Pharmacy 1st**  
For common illnesses  
in Lewisham

## Can I use the service?

### Yes, if you are:

- Registered with a Lewisham GP
- Present at a pharmacy providing Pharmacy First
- Suffering from one of the conditions listed

### How does it work?

If you have any of the common illnesses listed in this leaflet, you can access the Pharmacy First scheme in two ways:

- 1 You can present yourself to one of the pharmacies taking part in the Pharmacy First scheme. You will be seen by a pharmacist and you can ask to be seen in private.
- 2 Practices or other health care services may signpost you to a participating pharmacy and also provide this leaflet to you for your information.

You will need to register to access the service, if you choose not to register; you can still receive free confidential advice but will not be able to obtain any medication for free or at a reduced price. Your pharmacist will explain the service and ask you for some details including your name, date of birth, postcode and GP practice to register.

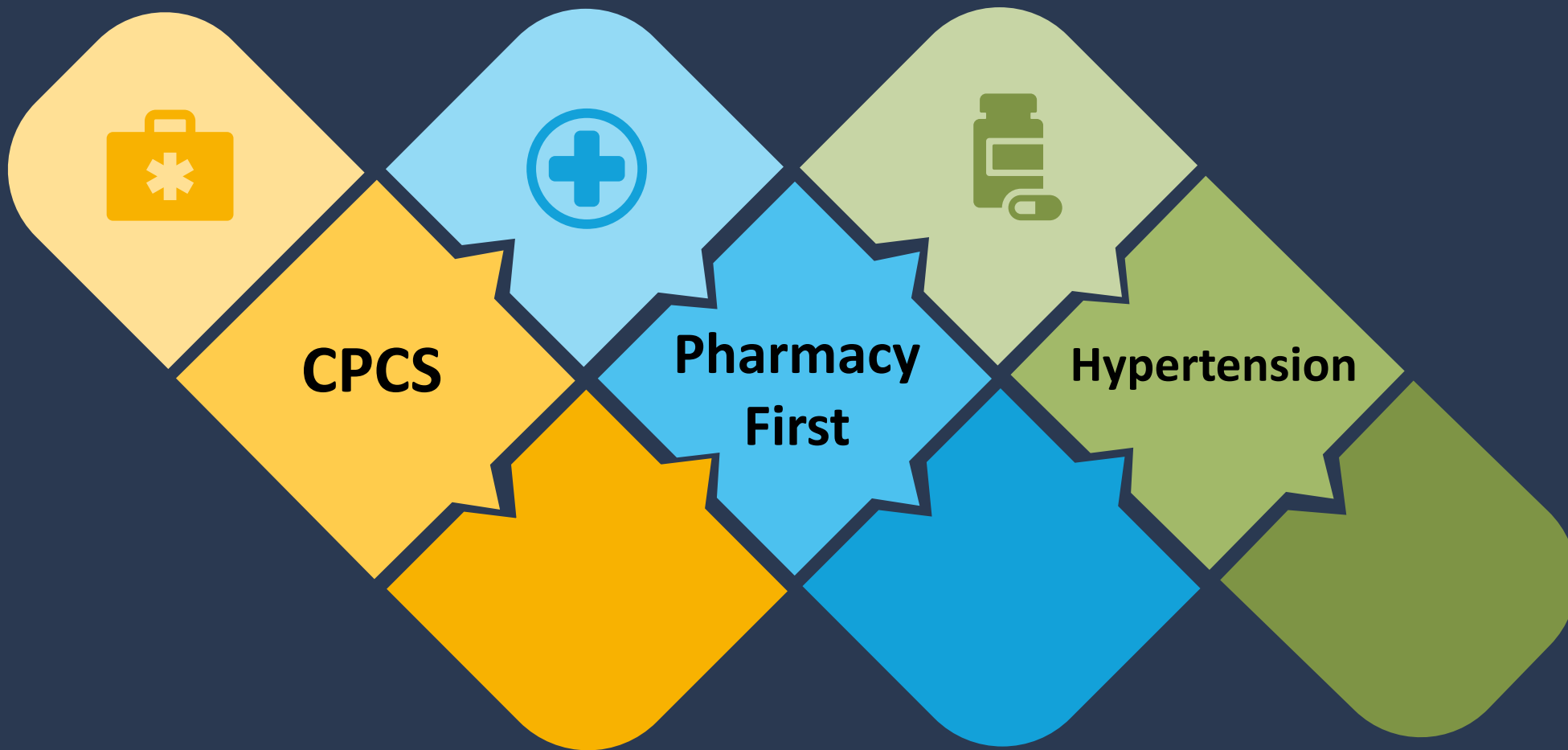
## What information will be kept about me?

- Each consultation, the pharmacist will record your name, address, date of birth, details of the illness that you presented, any advice or medicines given and also your answers to any additional questions asked within the consultation.
- If you access the service in the future, details of previous consultations will be available to the pharmacist in the pharmacy where you are seeking treatment or advice. This may be a different pharmacy to the one you have used previously. This is to help them decide whether you can be treated safely by the pharmacist or whether you need to be signposted to a different service.
- Details on your consultations will be available to your GP to help them provide you with care.

## Conditions

- Aches and pains (sprains and strains)
- Athlete's foot
- Bites
- Cold sores
- Conjunctivitis
- Constipation
- Contact dermatitis
- Coughs and colds
- Diarrhoea
- Ear wax
- Fever
- Hay fever
- Headache
- Head lice (nits)
- Heartburn
- Indigestion
- Itching (chicken pox)
- Minor burns and scalds
- Mouth ulcers
- Nappy rash
- Nasal congestion
- Nausea and Vomiting
- Sore throats
- Stings
- Teething
- Threadworms
- Thrush

# PHARMACY SERVICES



# Background - NHS Community Pharmacy Hypertension Case-Finding Advanced Service

## Why?

- 45% of patients had a BP reading below target over 12 months
  - 45% aged under 79 years with BP <140/90
  - 54% aged over 80 years with BP <150/90
  - **Aim is for 80% of patients to have BP below target over next 12 months**
- 
- NHSE&I: Hypertension ambition is for **80%** of patients with **high BP** to be detected by **2029**
  - PHE estimate that **less than 60%** of people with HT have a diagnosis
  - **5.5million** undiagnosed in England





# Background - NHS Community Pharmacy Hypertension Case-Finding Advanced Service



## Aims of the Service:

1. Identify people aged 40 years or older with high blood pressure, who have previously not had a confirmed diagnosis of hypertension, and to refer them to general practice to confirm diagnosis and for appropriate management (this can include people under 40 years, at the discretion of a pharmacist)
2. undertake clinic and ambulatory blood pressure checks when necessary, at the request of a general practice
3. promote healthy behaviours to service users

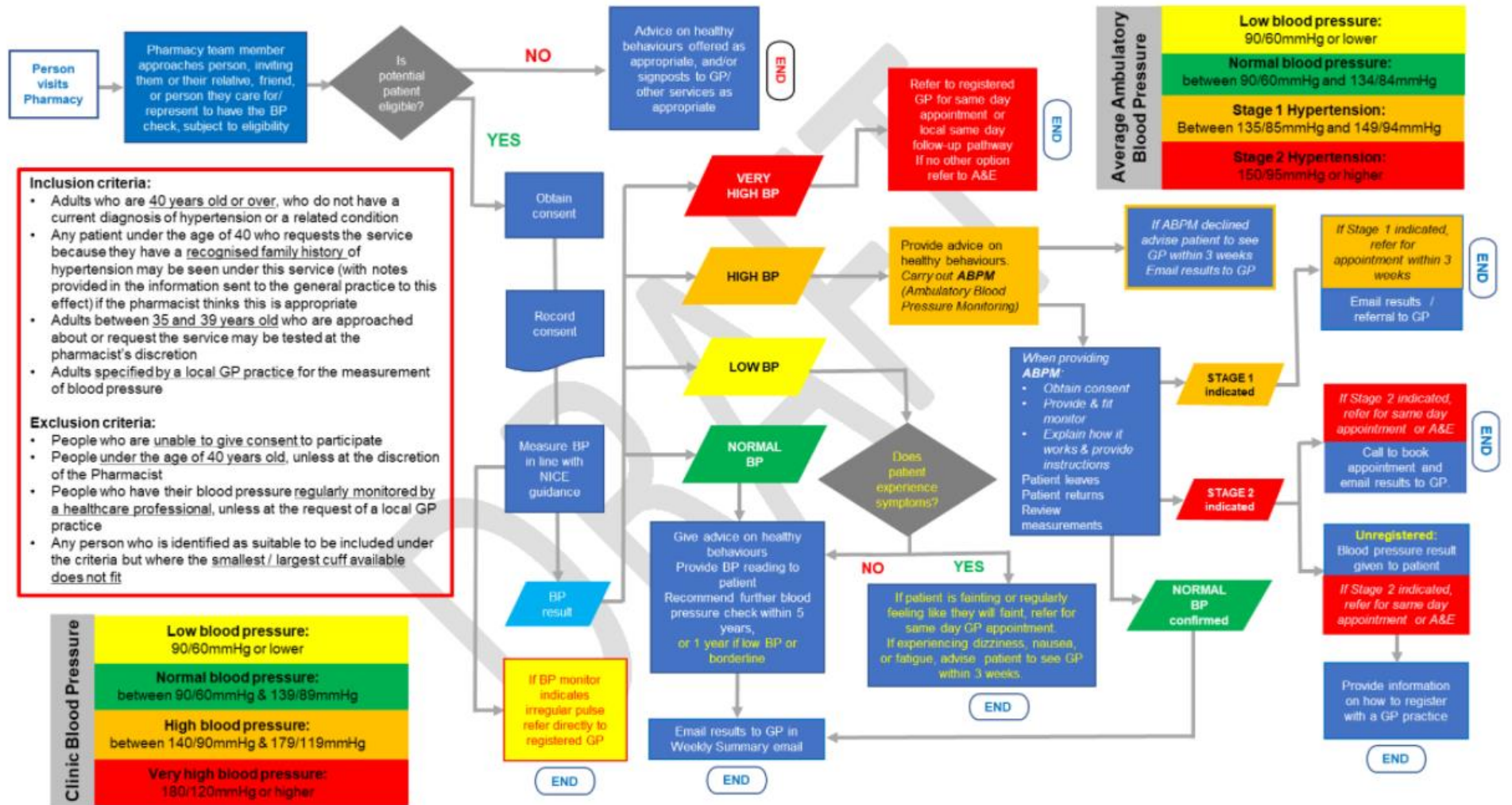
## Outcomes:

At the end of a patient consultation, where readings indicate:

- Normal blood pressure (90/60 – 140/90) - the pharmacist will promote healthy behaviours
- High blood pressure (140/90 -180/120\_ - the pharmacist will offer Ambulatory Blood Pressure Monitoring (ABPM) from the pharmacy and will also promote healthy behaviours
- Very high blood pressure (>180/120) - the pharmacist will urgently refer the patient to see their GP within 24 hours
- Low blood pressure (<90/60) - the pharmacist will provide appropriate advice or refer to GP where appropriate

# Protocol - NHS Community Pharmacy Hypertension Case-Finding Advanced Service

## Appendix A: Hypertension Case-Finding Advanced Service Protocol



# Wound Care



DRAFT

**NHS**  
South East London  
Clinical Commissioning Group

## Lewisham Primary Care Woundcare Formulary & Guide

For use by General Practice Nurses

**NHS**  
Supply Chain

Website:  Search:

Home | My Supply Chain | Savings | News | Product Information | Categories | Programmes | Suppliers | Events | Contact | Customer Services

### Total Orthopaedic Solutions 2 Customer Engagement Guide

How your trust can benefit

[Read more](#)

[ICNs](#) [Savings](#) [Sustainability](#)

[Customer Services](#) [Clinical Offer](#) [Home Delivery Service \(HDS\)](#)

[Online Catalogue and Ordering](#)

[Order your products online](#)

[My Supply Chain](#)

All of your ordering systems and logins in one place.

[View the My Supply Chain Page.](#)

[Supply Chain Resilience](#)

[Contracts \(Awarded Frameworks\)](#)

Our contracts list is sorted alphabetically (A-Z) with 40 contracts on each page.

[View all contracts](#)

[Improving Our Website User Experience](#)

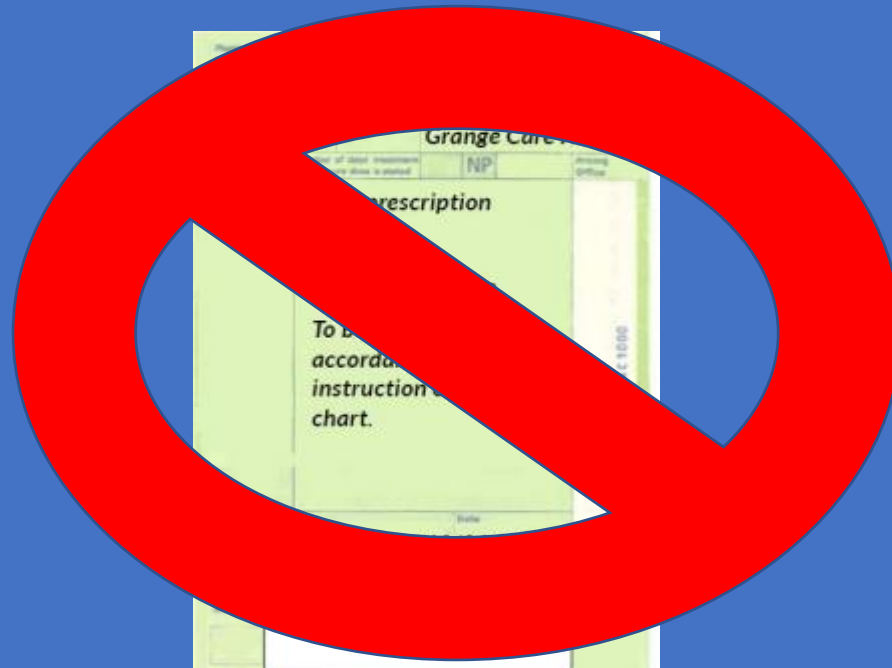
Keeping you informed about key changes to our website's overall design.

[More about these changes](#)

[Latest Updates](#)

# Wound Care

**NOT ON FP10s**

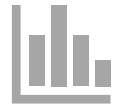


# Thank You



**Eileen White**

Associate Director for Medicines Optimisation (Lewisham)  
[Eileenwhite1@nhs.net](mailto:Eileenwhite1@nhs.net)



**Erfan Kidia** 07769282261 / 020 8176 5531

Assistant Director for Medicines Optimisation (Lewisham)  
[Erfan.kidia@nhs.net](mailto:Erfan.kidia@nhs.net)



**Christine Banwell** 020 8176 5453

Senior Medicines Optimisation Pharmacist  
[Christine.banwell@nhs.net](mailto:Christine.banwell@nhs.net)



**Sukhvir Johal** 0208 176 1188

Medicines Optimisation Pharmacist  
[Sukhvir.johal2@nhs.net](mailto:Sukhvir.johal2@nhs.net)



**Satkirtar Bansal** 0208 176 1236

Medicines Optimisation Pharmacist  
[Satkirtar.bansal@nhs.net](mailto:Satkirtar.bansal@nhs.net)



**Team email:**

[lewccg.medicinesoptimisationteam@nhs.net](mailto:lewccg.medicinesoptimisationteam@nhs.net)

Any  
questions?