

## One Bromley Local Care Partnership Board

DATE: 5<sup>th</sup> July 2022

<b>Title</b>	<b>Improving understanding of Carers in Bromley</b>
This paper is for <b>information and discussion</b>	
Executive Summary	<p>Currently 31,000 carers in Bromley (Carers Trust figures for 2021-22) i.e. 10% of population</p> <ul style="list-style-type: none"> <li>• Bromley Well have 4250 carers on our database (14% of carers) We worked with approximately 2000 of these last year</li> <li>• Where are other 86%? - who engages: Hospital, GPs, Bromley Healthcare, London Borough of Bromley etc?</li> <li>• Why does this matter? Impact on admission and discharge, ageing population, mutual carers. Our experience suggests that support for carers can help reduce admissions and makes discharge more likely. This is particularly true in the case of elderly and/or mutual carers. Key element in supporting Hospital at Home</li> <li>• What's the Bigger picture? Puts ONE Bromley in strong position re SEL ICS as a leader in support for carers. Provides clear evidence of the importance of carers in the Borough in health context and demonstrates that higher priority in Bromley given demographics. Allows these issue to be raised at SEL ICS level in a funding context.</li> <li>• Undertaking this work now rather than later means we have a plan in place before Winter increases pressures on the system</li> <li>• Cares are an essential element in the Hospital Discharge design task and finish group ensuring work taken now will positively impact the outcomes of this work</li> </ul>
Recommended action for the Committee	<ul style="list-style-type: none"> <li>• What we propose:</li> <li>• Audit by One Bromley providers to identify which carers we engage with</li> <li>• Consider best practice such as Escalation Card used by Bromley Well - what support available to carers if person taken ill. Share with other providers and adopt as best practice across One Bromley</li> <li>• Understand level of churn in system given caring likely to be long term</li> <li>• Raise profile of carers and have clear comms to support them – delegate to Comms committee</li> <li>• Consider development of a Carers Charter, such as that developed in Blackpool <a href="https://www.bfwh.nhs.uk/blackpool-teaching-hospitals-launches-carers-charter/">https://www.bfwh.nhs.uk/blackpool-teaching-hospitals-launches-carers-charter/</a></li> <li>• Revisit as an agenda item in 6 months</li> </ul>

ENCLOSURE: 6

AGENDA ITEM: 8



Potential Conflicts of Interest	None	
Impacts of this proposal	Key risks & mitigations	Lack of support for Carers impacts on Hospital Admission and Discharge. Mental Health Impact on carers
	Equality impact	Supports equality.
	Financial impact	None currently
Wider support for this proposal	Public Engagement	Bromley Well Website and Social Media.
	One Bromley Stakeholder Discussions	Bromley Well Carers Forums and feedback.
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Clinical Lead:	Dr Andrew Parson	
Executive Sponsor:	Dr Angela Bhan, Place Executive Lead	



# Bromley Well

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Improving understanding  
of Carers in  
Bromley

David Walker, BTSE  
Mark Ellison Age, UK B&G

Bromley Third Sector Enterprise

# Current Carers in Bromley

Currently 31,000 carers in Bromley (Carers Trust figures for 2021-22) i.e. 10% of population

Range between 7.4% and 12.3% depending on ward

- Bromley Well have 4250 carers on our database (14% of carers) We worked with approx 2000 of these last year – Adult, Mental Health, Mutual and Young Carers
- Where are other 86%? - who engages:
  - Hospitals
  - GP practices
  - Bromley Healthcare
  - London Borough of Bromley
  - All of us



# Why does this matter?

- Impact on admission and discharge, ageing population, mutual carers.
- Our experience suggests that support for carers can help reduce admissions and makes discharge more likely.
- This is particularly true in the case of elderly and/or mutual carers.
- Carers form big part of the discharge design work
- Key element in supporting Hospital at Home

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TRUST**



**Bromley Well**

Supporting health, wellbeing and independence

# Implications for wider health system

- Puts ONE Bromley in strong position re SEL ICS as a leader in carers support
- Provides clear evidence of the importance of carers in the Borough in health context and demonstrates that higher priority in Bromley given demographics.
- Allows these issue to be raised at SEL ICS level in a funding context.
- Undertaking this work now rather than later means we have a plan in place before Winter Pressures on the system
- Carers are an essential element in the Hospital Discharge design task and finish group - ensuring work done now will positively impact outcomes

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# Shorter-term actions to support carers

- Identification of carers:
  - standard questions @ GP appointments/Social prescribers' meetings
  - identification at Hospital appointments.
  - appropriate referral to service so support can be given.
- Better use of emergency cards: health/social care professionals knowing to look out for them
- Wider knowledge of Bromley Well Escalation plan
- Respite care always an issue as is paid for unless dementia care – non-ability to access respite has negative impact on carers mental/physical health.

# Bromley Well

I am a Carer and somebody depends on me at home.

Bromley Well

CLIENT NAME:

STAFF NAME:

EXPIRY DATE:

BROMLEY WELL ID:

020 8315 1925

carers@bromleywell.org.uk

www.bromleywell.org.uk

@bromleywell

@bromleywelladultcarers

@bromleywelladultcarers

In an Emergency please contact:

NAME:

ADDRESS:

TEL:

or:

NAME:

ADDRESS:

TEL:





## Further steps to support carers

- Audit by One Bromley providers to identify which carers we engage with
- Understand level of churn in system given caring likely to be long-term
- Raise profile of carers and have clear comms to support them – delegate to Comms ctte
- Consider development of a Carers Charter, such as that developed in Blackpool <https://www.bfwh.nhs.uk/blackpool-teaching-hospitals-launches-carers-charter/>

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# Contact details

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