



## Clinical Effectiveness South-East London (CESEL) Newsletter – Spring 2022

**“Making the right thing to do the easy thing to do.”**

Welcome to the latest Clinical Effectiveness South-East London’s (CESEL) newsletter.

We recognise this is always an especially busy time for practices and with our recovery from the pandemic on going, it’s still a challenging time for providing the best possible care for patients with long term-conditions and complex needs.

The CESEL team are keen to share an update of our work and raise awareness of our improvement tools and support offer, and how this can assist our busy general practice colleagues

### A reminder of who we are:

CESEL is a quality improvement programme, by primary care for primary care. Funded by CCG and PCNs, the CESEL team includes clinical leads from each of the south east London (SEL) boroughs, supported by a small team:

- **Guides:** CESEL Clinical Leads have been busy designing and localising borough-based Guides for Hypertension and Diabetes. CESEL Guides collates key information in one place, removing the need to refer to multiple sources of information. These are available [here](#).
- **Education events:** to help practice teams to put the guidance into practice, education events have been designed and provided across all of the boroughs. Teams have been additionally engaging other useful forums (e.g. prescribing, nursing) to increase the coverage of support.
- **Facilitation visits:** to embed local resources and provide tailored, specific to your practice and PCN’s needs, the team have commenced a programme of visits to practices and PCNs. If practices have yet to arrange a support visit, we would really encourage you to [email the team](#). These can now be provided either virtually or on site.
- **Data:** visits will include data to help practices manage the various elements of long-term condition care for your patients and how this compares to others in your PCN/borough, and in conjunction with best-practice CESEL Guides, enable you to identify practice improvement opportunities for your population.
- **Templates:** CESEL Clinical Leads have worked with the SEL Digital First team to make sure the content of CESEL Guides are reflected in the Ardens Clinical templates, which are now available to all SEL GP practices, due to a free CCG commissioned trial.

CESEL comes as an **offer** and not an ask. Led by local GPs and accountable to our PCNs, our role is supportive and not performance management

**Additional funding into SEL General Practice:**

CESEL has worked together across SEL, to bring additional funding into primary care.

CESEL led one of four successful **London pathfinder project** bids. CESEL will be leading on a hypertension project and partnering in a childhood immunisation project. Both projects bring welcome funding for improving outcomes and reducing inequalities, and the opportunity for shared learning across London ICSs. Further details of the pathfinder projects can be accessed [here](#).

**Diabetes Recovery Innovation Fund:** Working with the Health Innovation Network (HIN) and SELCCG, CESEL was also successful in securing funding for SEL practices to support diabetes recovery - helping practices support their patients and achieve both local and national diabetes targets.

It can be difficult to find time for practice colleagues to come together to consider quality improvement. It is anticipated that this fund can therefore be used to support diabetes improvement across practice teams, and there is scope for this initiative to be locally shaped. If you would like to know more about how your borough or PCN can access this, please [email the team](#).

**Evaluation**

CESEL is currently being evaluated by an independent evaluation team from Kings College London (KCL). The evaluation team would welcome feedback and/or the opportunity to hear your views via a short interview (where all feedback will be anonymised). Please email [maria.kordowicz@kcl.ac.uk](mailto:maria.kordowicz@kcl.ac.uk) .

**Many thanks** to all who have supported the CESEL journey. We hope to see you for further educational events and/or facilitation visits. In the meantime, further information about the CESEL Programme can be located [here](#).

Best wishes,

The CESEL Team

<b><i>Cheryl &amp; Rachna</i></b>	<b><i>Gillian &amp; Mark</i></b>	<b><i>Johnson &amp; Sabah</i></b>	<b><i>Frances &amp; Liz</i></b>	<b><i>Grace &amp; Margaret</i></b>	<b><i>Joe &amp; Payam</i></b>	<b><i>Nick, Judith, Lucy, Nupur, Sian &amp; Zahra</i></b>
Borough-based Clinical Leads						the support team
Bexley	Bromley	Greenwich	Lambeth	Lewisham	Southwark	