

## Southwark COVID Oximetry @ Home Monitoring Service Guidance

### Lower risk patients

Practices may wish to offer pulse oximeters to a broader patient group that Covid Oximetry @ Home service caters for. Be aware that practices must then ensure adequate safety netting and processes for follow up.

OR

### Higher Risk Symptomatic Patients

Refer to Central COVID Oximetry @ home service  
(7 day a week service)

#### How to refer

- Refer to central hub using EMIS referral form (Add > Document > Create Letter > "SEL CCMS Remote Monitoring Oximetry Referral Form". )
- Patient will be contacted within 24 hours
- Pulse oximeter with video instructions and/or supporting information (e.g., [diary](#) and safety netting advice) will be delivered to patient or given to patient at central site following F2F assessment
- The central service will also offer follow up to 999/111/Hospital discharges.

### Higher Risk Symptomatic Patients

Patients must be **symptomatic** with confirmed COVID and either:

≥ 65 yrs

OR

**<65 yrs and Clinically extremely vulnerable** (solid organ transplant; chemotherapy for cancer; radical radiotherapy; blood or bone marrow cancer; bone marrow or stem cell transplant; cystic fibrosis; sickle cell disease; SCID; immunosuppression therapy )

#### Or <65 yrs with:

- Obesity (BMI ≥30)
- Diabetes (type 1 or 2)
- Chronic respiratory disease
- Chronic heart disease e.g. heart failure
- Chronic kidney disease
- Chronic liver disease
- HIV
- Chronic neurological disorders e.g. Parkinson's disease, cerebral palsy, multiple sclerosis, MND
- Drugs that affect the immune system e.g. steroids
- Pregnancy
- Learning difficulty
- BAME background
- Serious mental illness

This guidance may change frequently. Publication date: 24/12/2021

This guidance can be found at: <https://selondonccg.nhs.uk/covid-19-clinical-support/>

If you have any comments or suggestions please contact: [selccg.communications@nhs.net](mailto:selccg.communications@nhs.net)