

Thinking support systems in community harm and exploitation



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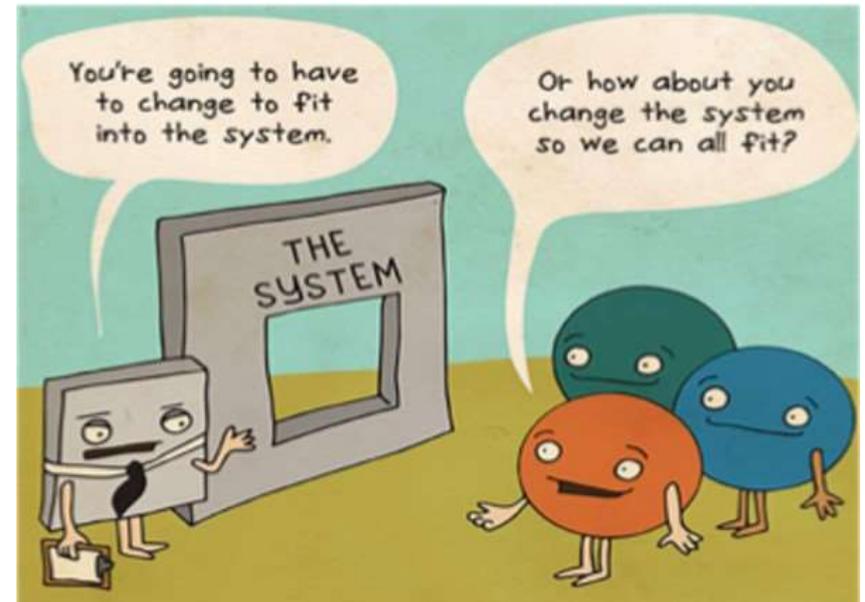
Fulfilling Lives LSL and NPC are inviting you to a series of sessions every three weeks from November to April bringing systems thinking and lived experience insights to consider the support system for women experiencing multiple disadvantage & community exploitation in Southwark

WHO: These sessions are for those with a role to play in any aspect of the support system for young women experiencing multiple disadvantage and potential harm in Southwark, whether commissioning, delivery or community. The sessions will seek to convene a cross-section of people from across this system and provide a space to learn from each other.

WHY: For a system to change, those involved in it need to have a shared understanding of that system, as well as the skills and tools to be able to facilitate change across it.

Our research over the past 3 years has shown that the support systems have not been designed with their users at the centre. We have used systems thinking, systems mapping and lived experience tools to better understand what's happening in the system and why.

These workshops will share some of these tools and approaches with a view to helping create a more effective support system for vulnerable women experiencing multiple disadvantage.



YOU ARE INVITED

Workshop 1: Nov 25th 2021, 2.30-4pm

Where: Zoom: register via [this link](#)

Provider: Fulfilling Lives Lambeth, Southwark & Lewisham (FLLSL); New Philanthropy Capital (NPC)

We believe no person is hard to reach but systems can be hard to access

The Sessions

Although we will refine the content of each session in response to the needs of the group, the sessions will be built around the following core components:

1. Systems thinking

Systems thinking concepts and tools can help us understand how our systems work and why they behave in the way they do. This fresh insight can help us reconsider how our systems could be organised differently. The sessions will share and apply some of these tools

2. The user at the centre of the system

Systems should be designed with the user at the centre, but they rarely are. This component will put lived experience at the centre of the discussion, with Fulfilling Lives sharing their work in rethinking the system with the user at the centre.

3. System learning

For a system to change, it needs to learn together. We will facilitate reflective learning sessions to provide a space for participants to reflect on what has been shared and how it connects to their own work and experiences day-to-day.

4. System strategy

Towards the end of the project period, we will be taking the insights gained in the process and considering strategies for making the support system for this group of people work more effectively.



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Facilitators

- **Seth Reynolds, Principal Consultant, Systems Change (NPC).** Seth brings expertise in systems thinking, system strategies and in facilitating complex, multi-agency programmes.
- **Giulia Todres, Consultant (NPC):** Giulia brings expertise in behaviour change and community engagement and has been working with Fulfilling Lives on a previous mapping the support system for young women experiencing multiple disadvantage
- **Diane Smith, Head of Programme, Fulfilling Lives LSL:** Di has led the pioneering work of Fulfilling Lives in Lambeth, Southwark and Lewisham and brings deep expertise and passion in centring users at the heart of systems.

Practicalities

- There will be **6 sessions between November and March** (approximately every 3 weeks, except during the holidays), starting Thursday November 25th, 2.30-4pm
- **Subsequent sessions** are proposed in the same Thursday 2.30-4pm slots Dec 16th, Jan 20th, Feb 10th, March 3rd, March 24th
- **Sessions will be primarily online** although we would like to consider the possibility of some in-person sessions next year.
- **We would like the group be as consistent as possible**, so ideally participants will join as many sessions as they can, although we understand this may not always be possible

For more information please contact RLloyd@fulfillingliveslsl.london

Click [this link](#) to register for the first session