



Clinical Effectiveness South-East London (CESEL) Newsletter – December 2021

“Making the right thing to do the easy thing to do.”

Welcome to Clinical Effectiveness South-East London’s (CESEL) newsletter. We hope this update finds you well during what continues to be an immensely challenging time in primary care.

As primary care works incredibly hard responding to increasing workload during the pandemic, we are fully aware of the additional problems brewing regarding poor outcomes for our long-term conditions (LTCs) patients, as optimising their care becomes further challenging in the current climate.

The CESEL team are keen to outline an update of our work and raise awareness of our quality improvement tools and support offer to assist in managing your LTC patients in the coming weeks.

Our first 6 months:

CESEL is a quality improvement programme **by primary care for primary care**. Funded by SEL CCG and SEL PCNs, the CESEL team includes clinical leads from each of the SEL boroughs, supported by a small team. It has been a busy and productive time since our team came together and despite the short period since inception, we have:

- **Listened:** we have spoken to as many colleagues as possible to find out what is important to GP teams across SEL
- **Guides and education events:** we have produced our first clinical guides in hypertension and type 2 diabetes and have delivered these in education events in Bromley, Greenwich, Lambeth and Southwark, with Lewisham and Bexley’s events planned for the New Year. The CESEL guides **collate key information in one place, removing the need to refer to multiple sources of information**, a common enemy of time efficiency in General Practice! The guides can be found [here](#).
- **Facilitation visits:** we have started visiting practices to embed the CESEL resources and provide tailored support using QI tools and data to understand your practice cohorts. **We will be reaching out to you** in a few weeks to encourage a visit to help you deliver the best care to your patients with LTCs.

CESEL comes as an **offer** and not an ask. Led by local GPs and accountable to our PCNs, our role is supportive and not performance management

We are working with the Ardens and SEL Digital First teams to make sure the content of CESEL guides is reflected in the Ardens Clinical templates, which are now available to all SEL GP practices. We aim to make the best use of a CCG commissioned trial of Ardens Manager – a source of practice and potentially shared non-identifiable patient data, to help us learn from each other to offer best possible patient care.

Additional funding into SEL General Practice:

CESEL has been delighted that, by working together across SEL, we have been successful in bringing additional funding into primary care in SEL.

CESEL has led one of four successful **London pathfinder project** bids. CESEL will be leading on a hypertension project and partnering in a childhood immunisation project. Both projects bring welcome funding for improving outcomes and reducing inequalities, and the opportunity for shared learning across London ICSs. Further details of the pathfinder projects can be accessed [here](#).








Diabetes Recovery Innovation Fund: Working with the Health Innovation Network (HIN) and SELCCG, CESEL has been successful in securing funding for SEL practices to support diabetes recovery - helping practices support their patients and achieve both local and national diabetes targets.

Please visit our [webpage](#), or get in touch, if you would like to know more selccg.clinicaleffectiveness@nhs.net

Many thanks to all who have supported the CESEL journey, taken time to engage with us across various events and our brilliant steering group with representation across all 6 boroughs. Wishing you a peaceful festive season and new year and hope to see you in 2022 (virtually at least!) for further educational events and/or facilitation visits.

From,

The CESEL Team

Cheryl and Rachna 	Gillian and Mark 	Johnson and Sabah 	Frances and Liz 	Grace and Margaret 	Joe & Payam 	Nick, Judith, Lucy, Nupur, Sian, Zahra and Carlene 
Bexley	Bromley	Greenwich	Lambeth	Lewisham	Southwark	and the support team