



Issue 87/Wednesday 23 June 2021

This is the latest round-up of information for GP practices, produced by South East London CCG. Should you have any questions or need advice, contact your local borough primary care team in the first instance; they will escalate anything they can't resolve to south east London's Coronavirus co-ordination centre.

Please check for any borough-specific information, which will be attached to this bulletin by your borough primary care commissioning team.

Covid-19

NBS updated following advice to bring forward second dose to 8 weeks

Second doses of the COVID-19 vaccine have been brought forward for people over 40 from 12 weeks to 8 weeks. Appointments can be rearranged through the [National Booking Service](#). The National Booking Service has been updated so people can see available slots before cancelling their existing second appointment. Previously an existing appointment had to be cancelled before being able to see availability.

Text messages will be sent to people who are booked in for their second dose after 23 June inviting them to rebook their appointment.

As of 18 June, anyone age 18 and over can book a vaccination appointment.

Alternatives to AstraZeneca COVID-19 vaccine for those under 40

Unvaccinated adults under 40 who are not in a clinical priority group at higher risk of severe COVID-19 disease, should be offered an alternative to the AstraZeneca COVID-19 vaccine.

The [SEL Patient Decision Aid](#) can be used to support clinicians with the review of patients. This document also provides information on managing suspected adverse effects with the vaccine.

The SEL [Referral Form](#) for AstraZeneca alternative for patients and staff members who are eligible for COVID-19 vaccination and are within a patient group that has been specifically advised by the Joint Committee on Vaccination and Immunisation (JCVI) to be offered an alternative COVID-19 vaccine to the Oxford-AstraZeneca (AZ) vaccine.

COVID-19 Staff testing and reporting

Regular antigen testing of all practice staff is critical to protect staff and patients, and slow the spread of Covid-19. Staff testing is vital - even after vaccination. ALL test results regardless of outcome must be reported. Find out more in our [weekly update](#).

GP updates

Free, fast and confidential wellbeing and psychological support for health and social care staff

Following recognition that health and care staff have been negatively affected by the Covid-19 pandemic, South London and Maudsley Corporate Psychology & Psychotherapy team have developed a single point of access to support staff across SE London.

The [Keeping Well website](#) provides access to free, fast and confidential wellbeing and psychological support for all health and social care staff, and includes access to resources, events, self-assessment tools and links to the various support offers available to staff. Staff in need of mental health support are signposted to the SE London IAPT, where they will be offered priority for assessment and treatment.

This work is now moving into its second phase which seeks to increase digital access to health and wellbeing support for staff with a particular focus on the needs of Black, Asian and Minority Ethnic colleagues. Find out more [here](#).

If your PCN or Practice would like to be involved in the development of the website, then please email helen.winter@slam.nhs.uk

Cervical Screening Survey

The pandemic has affected many services including Cervical screening, which could lead to missed early diagnosis and treatment. To help improve the Cervical Screening Programme, we need to understand how it is recovering following the impact of COVID-19 in South East London. We would be grateful if practices could fill in the following short questionnaire on Cervical Screening at your practice. The results of this survey will help us determine what we may be able to do to help across South East London.

You can access the survey [here](#).

Please ensure only one person from your practice completes this survey.

Supporting patients to access the right service for their care

As a system we are facing unprecedented demand for services, alongside the urgent requirement to deliver the vaccination programme. This is evident from the pressures that practices are facing and the unusually high call volumes to 111. It is also having an effect on the ability of emergency services to respond to the most urgent cases. The system is working hard together to address these pressures in SEL. In the short term, in addition to all you are doing, we would be very grateful for your help with the following to

ensure your patients can access the appropriate services when needed:

- Where appropriate, promote 111 online and direct patients to the 111 online feature as many may not be aware it exists. They can find out how to get the right healthcare in their area, including whether they need to see a GP, seek urgent care or get advice on self-care. This can be a message on your answerphone or website or placing posters in a visible location. Translated versions of the 111 First posters are [here](#).
- Prioritise calls from LAS crews on the ground via your GP bypass numbers. This will support crews to quickly triage patients and get them to the most appropriate services.

Information from Acute Providers

GSTT Sexual & Reproductive Health helpline – 0207 188 2632

This number is for professional use only (not to be distributed to patients). The line operates:

- Monday, Tuesday, Thursday, and Friday - 8:30am to 6pm
- Wednesday - 1pm to 6pm
- Saturday - 8:30am to 4pm
- Sunday - 9:30am to 4pm

Evelina Paediatric Cardiology Service – referral process

Please refrain from using the adult referral forms for echo/ECG requests as these are not applicable for paediatric referrals. Use the referral process for the paediatric cardiology service outlined [here](#).

Car Park changes at Kings College Hospital, Denmark Hill

Patient and visitor car parking at Kings has changed following a reconfiguration of existing space to make room for a new outpatient building. To ensure patients and visitors attending the hospital site can do so safely, a drop off and collection zone has been introduced. The zones are located on Bessemer Road near the main entrance. Find out more on the [hospital website](#).

Online seminars, webinars and e-Learning

World Continence Week - 21 to 27 June

As part of World Continence Week, the World Federation for Incontinence and Pelvic Problems (WFIPP), supported by the International Continence Society, are hosting a series of themed webinars between 21 and 25 June. Details on how to register are on the [WFIPP website](#). The website also includes a suite of promotional posters that can be

displayed in general practice settings.

Access Improvement Programme Modular Sessions

As part of the Access Improvement Programme, Time for Care are running 90 sessions on specific improvement topics and approaches, including a three-part demand and capacity module.

See [schedule and booking details here](#). Modules run June through to early August.

SEL CCG GP Data Protection Officer Drop-in session – Focus on records management

To assist practices with information governance and the Data Security and Protection Toolkit (DSPT) submissions and future data protection compliance, the SEL CCG GP practice members' Data Protection Officer has arranged monthly GP drop-in sessions. Each session will cover a different topic. The next DPO drop-in session is **Wednesday 14 July, at 12:30pm - focus on records management and retention**.

Please email: claireclements@nhs.net to receive a calendar invite. All other enquires for the NHS SEL CCG GP practices members DPO service must be directed through nelcsu.information-governance@nhs.net

End of Life webinars

Bromley Education and Training Hub are running an End of Life webinar programme in collaboration with St Christopher's Hospice. This will run on Wednesdays at 1pm for 4 weeks, from 23 June - 14 July.

Links to [register for each event are here](#).

Upcoming NHSE Webinars

Tuesday 29 June, 2pm - 4pm.

[Webinars: From Niche to necessity: genomics in routine care](#)

Tuesday 29 June, 6.30pm - 7.30pm.

[Using the Year of Care approach to personalised care and support planning to support people with long term conditions in a post COVID era](#)

Thursday 1 July, 8pm - 9pm.

PCPA, PSNC and NPA webinar on [GP referral to Community Pharmacist Consultation Service implementation gems and resources](#)

Cancer updates

South East London Cancer Alliance

Latest version of the update below, which includes FAQs for primary care on cancer services in South East London to support GPs and patients during the pandemic.

Important updates include:

- National Bowel Screening age extension
- e-RS advice and guidance – ‘Consent to convert’ to referral not in use

New Primary Care webinars on Wednesday afternoons

[Cancer updates for GPs \(23 June 2021\)](#)

Information resource

Caring for yourself after coronavirus (COVID-19)

King’s Health Partners and SEL have developed a self-management toolkit for people recovering from COVID-19. It provides practical advice on the areas that people recovering from coronavirus have told us are difficult.

The full toolkit is [here](#).

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