



**Issue 86/Wednesday 16 June 2021**

This is the latest round-up of information for GP practices, produced by South East London CCG. Should you have any questions or need advice, contact your local borough primary care team in the first instance; they will escalate anything they can't resolve to south east London's Coronavirus co-ordination centre.

Please check for any borough-specific information, which will be attached to this bulletin by your borough primary care commissioning team.

## Covid-19

### **Second dose appointments for those in cohort 10 to be brought forward**

To help combat the delta variant appointments for a second dose of the COVID-19 vaccine will be brought forward from 12 to 8 weeks for the remaining people in cohort 10 who have yet to receive their second dose.

#### **People age 23-24 now invited to book vaccine**

From 15 June, people aged 23 and 24 are being invited to book their vaccination appointments through the National Booking Service (on the NHS website or by calling 119).

#### **Pop-up clinics for those over 40 yet to book.**

Walk in clinics for those over 40 and yet to book their vaccines are being run across south east London. **No appointment is necessary. See all pop-ups in SEL [here](#)**

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### **NHS Long COVID Plan 21/22**

The NHS Long COVID Plan 21/22 builds on the initial [five-point plan](#) which outlines 10 key next steps to be taken to support those suffering from long COVID. Read [the full plan](#)

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## COVID-19 Staff testing and reporting

Regular antigen testing of all practice staff is critical to protect staff and patients, and slow the spread of Covid-19. Staff testing is vital - even after vaccination. ALL test results regardless of outcome must be reported. Find out more [here](#) in our weekly update.

### GP updates

#### Physical health checks for people with serious mental illness

People on the GP Severe Mental Illness (SMI) register are eligible for annual physical health checks, and this is now a key part of Quality and Outcomes Framework (QOF). GP practices should ensure people on their SMI register are invited for physical health checks. New funding is available for all STPs/ICs to deliver tailored outreach and engagement for this group, increasing access to physical health checks and uptake of flu and COVID-19 vaccinations. Equally Well UK has developed a range of [resource](#) material to support this process.

#### Mental health during COVID-19: recovering referrals to talking therapy

COVID-19 has had a significant impact on mental health. NHS talking therapy services (Improving Access to Psychological Therapy (IAPT)) can help. These services offer free, evidence-based interventions for people struggling with feelings of anxiety or depression. GPs are encouraged to refer adults with common mental health issues to IAPT, and/or signpost patients to refer themselves online at [nhs.uk/talk](https://nhs.uk/talk).

### Information from Acute Providers

#### GSTT Sexual & Reproductive Health helpline – 0207 188 2632

This number is for professional use only (not to be distributed to patients). The line operates:

- Monday, Tuesday, Thursday, and Friday - 8:30am to 6pm
- Wednesday - 1pm to 6pm
- Saturday - 8:30am to 4pm
- Sunday - 9:30am to 4pm

#### Evelina Paediatric Cardiology Service – referral process

Please refrain from using the adult referral forms for echo/ECG requests as these are not applicable for paediatric referrals. Use the referral process for the paediatric cardiology service outlined [here](#).

## Car Park changes at Kings College Hospital, Denmark Hill

Patient and visitor car parking at Kings has changed following a reconfiguration of existing space to make room for a new outpatient building. To ensure patients and visitors attending the hospital site can do so safely, a drop off and collection zone has been introduced. The zones are located on Bessemer Road near the main entrance. Find out more on the [hospital website](#).

## Online seminars, webinars and e-Learning

### Irritable bowel disease (IBD) - free lunchtime webinar

Join GSTT for a one-hour interactive seminar with a practical overview of IBD cases. The session will cover the management of IBD including diet and nutrition.

**Friday 18 June – 1.30pm to 2.30pm**

Booking via the [link](#).

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### Microsoft Teams training - free lunchtime training workshop

These two free sessions are designed to support practices to get the most from Microsoft Teams. Workshops are all delivered remotely via Microsoft teams.

**Friday 18 June – 12.00pm to 1.00pm** - Introduction to Microsoft Teams and Office 365. [Register your place](#)

**Tuesday 22 June – 12.00pm to 1.00pm** - Advanced session on Microsoft Teams and Office 365. [Register your place](#)

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### King's Health Partners Primary Care Webinar series - Long COVID

The fourth in this year's King's Health Partners Primary Care Webinar series will focus on Long COVID and the impact of a year of COVID on people living with long-term conditions in south-east London.

**Wednesday 23 June – 1.00pm to 2.00pm**

Hear from the SEL Respiratory Network about the new Long Covid clinics and learning that has emerged so far. Followed by the new SEL Clinical Effectiveness team discussing the impact of a year of Covid on people living with long-term conditions, and how a clinical effectiveness approach can support practices to care for their patients.

[Register your place](#).

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## COVID-19 vaccines & communicating with younger adults

This webinar is for all healthcare workers who wish to increase their knowledge and understanding of COVID-19 vaccines and build their skills in communicating with and tackling concerns that younger people may have. This webinar may also be of interest to healthcare staff who often interact with patients who are going to get vaccinated, such as GP receptionists.

**Monday 21 June – 12.00pm to 1.00pm**

Registration is free. Further details and [registration is here](#).

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## Shigella trends in England – free webinar

This webinar is for clinicians, health professionals and community members. This includes those who work in sexual health clinics, general practice, pharmacy settings, community settings and all other related professionals. The webinar will:

- Provide a brief overview about Shigella and its sexual transmission
- Report trends and latest Shigella surveillance data
- Provide practical tools for professionals in affected areas to use to raise awareness of Shigella with their service users.

**Tuesday 29 June – 1.00pm to 2.00pm**

Registration is [here](#).

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## Population health webinar for primary care

Aimed at network managers, clinical directors, social prescribing managers and any individuals working in ARRS roles, this session will focus on three personalised care practitioner roles, how they are being used and how they might be implemented at a PCN-level to best support patients.

**Wednesday 30 June - 12.30pm to 2.00pm**

Read the [event flyer](#). Register at [www.wandsworthtraininghub.com/training](http://www.wandsworthtraininghub.com/training)

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## Cancer updates

### South East London Cancer Alliance

Latest version of the update below, which also includes some FAQs for primary care on cancer services in south east London to support GPs and patients during the pandemic.

Important updates include:

- Incident relating to the cervical screening programme
- e-RS advice and guidance - 'Consent to convert' to referral not in use

[Cancer updates for GPs \(7 June 2021\)](#)

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## Cancer care review indicators - updated

Macmillan Cancer Support have updated its [web-based resources](#) to support the introduction of the two new and updated Cancer Care Review indicators in the [The Quality and Outcomes Framework \(QOF\) 2021/2022](#).

PCNs are recruiting new [social prescribing link workers, health and wellbeing coaches](#) and [care coordinators](#), to help patients get cancer care reviews and provide other support throughout the pathway. Let the national cancer team know how your practice are using these new roles to support cancer patients [england.cancerpolicy@nhs.net](mailto:england.cancerpolicy@nhs.net).

## Information resource

### Breastfeeding celebration week – 21 to 27 June

The theme for this campaign is how partners, and the wider family unit can support breastfeeding initiation and duration and how to get the whole family involved and bond with baby. Access a range of downloadable and orderable resources to support breastfeeding mothers via [Campaign Resource Centre](#); including leaflets, wallet cards, and A3 and A4 posters.

### Peer networking for First Contact Physiotherapists

This [new guide](#) from the Chartered Society of Physiotherapy provides useful ideas, tips and testimonials to help develop and maintain a successful peer network. It also includes a peer-to-peer network directory to find your nearest one.

This [case study](#), 'An integrated approach across primary, community and secondary care', explains how First Contact Physiotherapy is enabling a joined-up pathway of care for patients.

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