



Issue 81/Wednesday 12 May 2021

This is the latest round-up of information for GP practices, produced by South East London CCG. Should you have any questions or need advice, contact your local borough primary care team in the first instance; they will escalate anything they can't resolve to south east London's Coronavirus co-ordination centre.

Please check for any borough-specific information, which will be attached to this bulletin by your borough primary care commissioning team.

Covid-19

Updated advice for COVID-19 AstraZeneca vaccination for adults aged 30-39 – 7 May 2021

The Joint Committee on Vaccination and Immunisation (JCVI) has provided updated advice on the AstraZeneca COVID-19 vaccination for adults aged 30-39 without underlying health conditions.

The AstraZeneca COVID-19 vaccine is very safe – the risk of developing a blood clot after this vaccine is extremely low. Available data suggests however, a slightly higher incidence of blood clots reported in younger compared to older adult age groups. Therefore, as a precautionary measure, and in light of the range of vaccines available in the UK, the JCVI has advised that eligible adults aged 30 to 39, without underlying health conditions, should receive an alternative to the AstraZeneca vaccine – where available and only if this does not cause substantial delays in being vaccinated. Read the official statement [here](#).

Updated SEL Non-AstraZeneca pathway referral

Following the updated [advice from JCVI](#) on 7 May there is a revised [SEL Non-AZ pathway referral form](#) for people who cannot have the AstraZeneca vaccine and therefore require a Pfizer or Moderna vaccine instead.

The pathway is solely for patients and staff members who are eligible for COVID-19 vaccination and are within a patient group that has been specifically advised by the Joint Committee on Vaccination and Immunisation (JCVI) to be offered an alternative COVID-19 vaccine to the Oxford-AstraZeneca (AZ) vaccine. This is not for those who prefer Pfizer/Moderna and is strictly for the groups set out in the referral form. Please check for any borough-specific information, which will be attached to this bulletin by your

borough primary care commissioning team.

The revised SEL Patient Decision Aid for the AstraZeneca (AZ) Covid-19 vaccine will soon be available on the [SELCCG GP website](#)

NHS London - guidance for management of thrombosis with thrombocytopenia occurring after AstraZeneca COVID-19 vaccination

NHS London have published guidance to support the management of patients who experience thrombosis with thrombocytopenia after the AstraZeneca COVID-19 vaccination. The document provides information on identification, management in the pre-hospital setting and the ED/SDEC/ambulatory care department. Please see the [link](#) for further information.

Staff testing and reporting

Regular antigen testing of all practice staff is critical to protect staff and patients, and slow the spread of Covid-19. Staff testing is vital - even after vaccination. ALL test results regardless of outcome must be reported. Find out more [here](#) in our weekly update (updated 6 May 2021).

New Covid vaccination resource launches in south east London

Health and care partners from across south east London have been working together to launch a Covid vaccine information resource – vaccine facts. The website has been developed in response to research with local people who said they wanted more information about the vaccine and its safety and efficacy.

Data in south east London has revealed variation in the take up of the Covid vaccine in some communities in south east London. The reasons for this variation include concerns about the safety and efficacy of the vaccine. The vaccine facts website provides information and stories so that people can get information they need to support their decision making around the vaccine.

Research with people from south east London has helped to develop answers to the common questions people have, including:

- What's in a vaccine?
- How were the vaccines made so quickly?
- Why should I have the vaccine if I am young and healthy?
- What are the side effects?

The vaccine facts website provides comprehensive, easy to understand content with videos and text. It uses case studies with local people who explain why they decided to have the vaccine and why it is so important.

The information resource launched on Monday (10 May) and will be promoted until the end of July 2021. Promotion to reach as many people across south east London as possible will include out-of-home, print, radio, digital and social media advertising.

The resource has been researched and developed with people from south east London and scientific and medical information has been approved by local clinicians and public health professionals.

Please help us to promote vaccine facts and encourage your patients to get the information they need so they are confident to take the COVID vaccine when they are asked.

Please encourage patients and health and care professionals to use and recommend the vaccine facts website: [nhselondonvaccinefacts.com](https://nhs.uk/healthcareprofessionals/vaccinefacts).

Alternatively, if you would like to share messages about Vaccine Facts on your Twitter or Facebook profiles, please do. You can follow our Vaccine Facts threads on [Twitter](#) and [Facebook](#).

GP updates

Learning from quality alerts and incidents in SEL

Your quality alerts support system wide learning and patient safety, which can lead to improvements in the quality of care for south east London residents. Read about some lessons learnt from quality alerts in [this document](#).

Managing requests for proof of vaccination from members of the public

GP practices, hospitals, pharmacies and the CCG have seen increased requests from patients who would like a letter or certificate as proof of their Covid vaccination. There is currently no national policy on providing letters or certificates. See some recommendations for managing these requests [here](#).

GSTT's Managing Fibromyalgia/chronic pain survey – your input is needed

Fibromyalgia is a condition characterised by chronic widespread pain. GSTT are exploring primary care knowledge and practice in diagnosing and managing Fibromyalgia in the south east London region, as they hope to help with this. This [anonymous online survey](#) will take under 5 minutes to complete. Your input would be greatly appreciated.

Information from acute providers

e-RS updates

[GSTT Acute \(updated 5 May 2021\)](#)

Online seminars, webinars and e-Learning

Trainee Nursing Associate (TNA) Webinar and Q&A

South East London and South West London are running some webinars to help you to understand the benefits and challenges of employing or working as a TNA in south London on the following dates:

- Employers: 14 May 2021 1 – 2pm
- Applicants: 17 May 2021 1 – 2pm

Register for these events using the links found on the [flyer](#)

If you have any queries please email: sl.apprenticeships@swlondon.nhs.uk

The South London Skin Club

The Southwark Community Dermatology Service 'The South London Skin Club' is a one-hour, informal, educational, case-based discussion session for GPs. The session will be hosted by three Consultant Dermatologists, discussing real clinical cases and addressing clinical considerations for all GPs / HCPs working in primary care. This session will run remotely on Zoom on **Thursday 13 May from 7:30pm to 8:30pm**.

Book your free attendance via [this link](#)

Children ENT: ear and tonsils' problems

Mr Nikul Amin, Paediatric ENT Consultant at Guy's and St Thomas', invites you to a one-hour interactive virtual seminar where you will learn how to manage children's ear and tonsils problems in primary care. Questions will be taken at the end of the talk.

Date: Tuesday 18 May 2021

Time: 13:30 - 14:30

Please book using [this link](#)

Improving health and wellbeing of young people

A free course for social prescribers and practitioners working with young people in the community.

King's Health Partners is facilitating three sessions on:

- Background to adolescent health and communication
- Motivational interviewing skills
- Mental health awareness and resilience skills

The first takes place on 25 May. [Book your place here.](#)

King's Health Partners primary care webinar series 2021

The third in this year's King's Health Partners Primary Care Webinar series will run on 19 May and focus on Haematology. They will discuss how COVID-19 has impacted outcomes for haematology patients; talk about COVID-19 and clots; and how COVID-19 impacted on health inequalities for people with sickle cell in south east London. You will also hear about the support available to primary care and future plans around the haematology network. [Register your place here.](#)

2021-22 clinical academic innovation workshop series

Join King's Health Partners for the next instalment in their clinical academic innovation workshop series on 9 June 2021 where the focus will be on transforming system-wide quality improvement and outcomes.

They will draw on experience and expertise from partnership work across south east London and beyond, with a focus on understanding the outcomes that matter to patients and those closest to them and making best use of available resources, to deliver sustainable health improvements for our communities.

This will be an interactive event, bringing together experience and expertise from speakers across system-wide partnerships. [Register your place.](#)

Resources

Resources for Dying Matters Week – 10-16 May 2021

It can be extremely difficult to talk about grief, trauma, death and dying. 10 – 16 May is Dying Matters week and a good time to start a conversation about the support and resources out there for both staff and patients.

Events and resources from the Dying Matters movement include:

- **Free [Greenwich & Bexley Online Death Cafe BST](#)** on 12th May at 7.30PM to talk to others about death and dying (registration needed)
- **Spread the word** - find out more about how to get involved in the Dying Matters Movement:
 - [Dying Matters Resource Pack](#)
 - [I Didn't Want That - Dying Matters - YouTube](#)
- **Share with patients the free 'Coordinate My Care plan' service.** Coordinate My Care (CMC) is a Pan-London NHS Service that puts patients at the heart of planning their urgent medical care with support from their clinicians and available to all healthcare professional teams involved in their care. Visit: [myCMC | Coordinate My Care | Urgent Care Plan](#) and share the [CMC patient leaflet](#)
- **People can join Cruise Bereavement's** Walk and Talk Group, which meets every Tuesday morning, between 10am - 12pm in Danson Park car park. Call Bereavement Care Bexley and Bromley on 020 8304 5245, to register interest.

- **Other resources available to support those who have suffered loss and are grieving:**
 - Compassion in Dying: [Resources Archive | Compassion in Dying](#)
 - Cruse Bereavement: [Free booklets | Cruse Bereavement Care](#)
 - [Greenwich and Bexley Bereavement Help Point](#)
-

Copyright © 2021 NHS South East London CCG, All rights reserved.

This email was sent by selccg.communications@nhs.net

If you wish to unsubscribe, please email: selccg.communications@nhs.net