



Macmillan Cancer Support – information for anyone affected by cancer

- Our [website](#) is a source of reliable information and is the gateway to the [Coronavirus Hub](#), an up-to-date source of information for people living with cancer. It includes short films from cancer care consultants, podcasts and answers to common questions about coronavirus.
- (www.macmillan.org.uk)
- We are prioritising the continued running of the **Macmillan Support Line (0808 808 00 00, open Mon – Sun, 8am – 8pm)** to provide practical, emotional and financial information & advice.
- The [Macmillan Online Community](#) can be accessed by way of our main website, and is where thousands of people across the globe connect and give each other invaluable emotional and peer support 24/7 (<https://community.macmillan.org.uk/home>)
- [Macmillan Grants](#) are one-off means-tested payments to help with the extra costs that living with cancer can bring. Health & social care professionals can apply on behalf of someone affected by cancer online (<https://www.macmillan.org.uk/cancer-information-and-support/get-help/financial-help/macmillan-grants>)
- [Cancer Wellbeing London](#) is a website for anyone living in London to provide information and advice about ways to improve your well-being and to identify any Health and Well-being events that may be happening and book a place
- [London Cancer Care Map](#) is a very useful resource to find out any services or groups that may exist in your area from lifestyle support such as physical activity services to local support groups.
- Support to maintain and improve physical and mental well-being is now available through [SafeFit](#) – a free remote service for anyone in the UK who has a cancer diagnosis. Access cancer exercise specialists to access advice, support and resources. It includes information about preparing for and going through cancer treatment during the coronavirus crisis. SafeFit has been developed in partnership with Macmillan Cancer Support, University Hospitals Southampton NHS Foundation Trust, CanRehab Trust, Centre for Perioperative Care (CPOC), National Institute for Health Research Cancer and Nutrition Collaboration, Royal College of Anaesthetists and Wessex Cancer Alliance. This service is being delivered in collaboration with CanRehab Trust, a third-party provider who will deliver the service using their cancer exercise specialists. The service will be evaluated by a research trial being led by the University Hospitals Southampton NHS Foundation Trust 'Wesfit'/Critical care research team.
- (<https://www.macmillan.org.uk/cancer-information-and-support/get-help/physical-help/safefit>)

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