



Breast Screening

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Breast Screening

About 1 in 8 women in the UK are diagnosed with breast cancer during their lifetime.

If it's detected early, treatment is more successful and there's a good chance of recovery.

All women aged from 50 to their 71st birthday automatically invited for breast cancer screening every 3 years

Women 71 or over can still ask to have breast screening.

Public Health England



Breast Screening

<https://www.youtube.com/watch?v=fTGQJPbo91k>

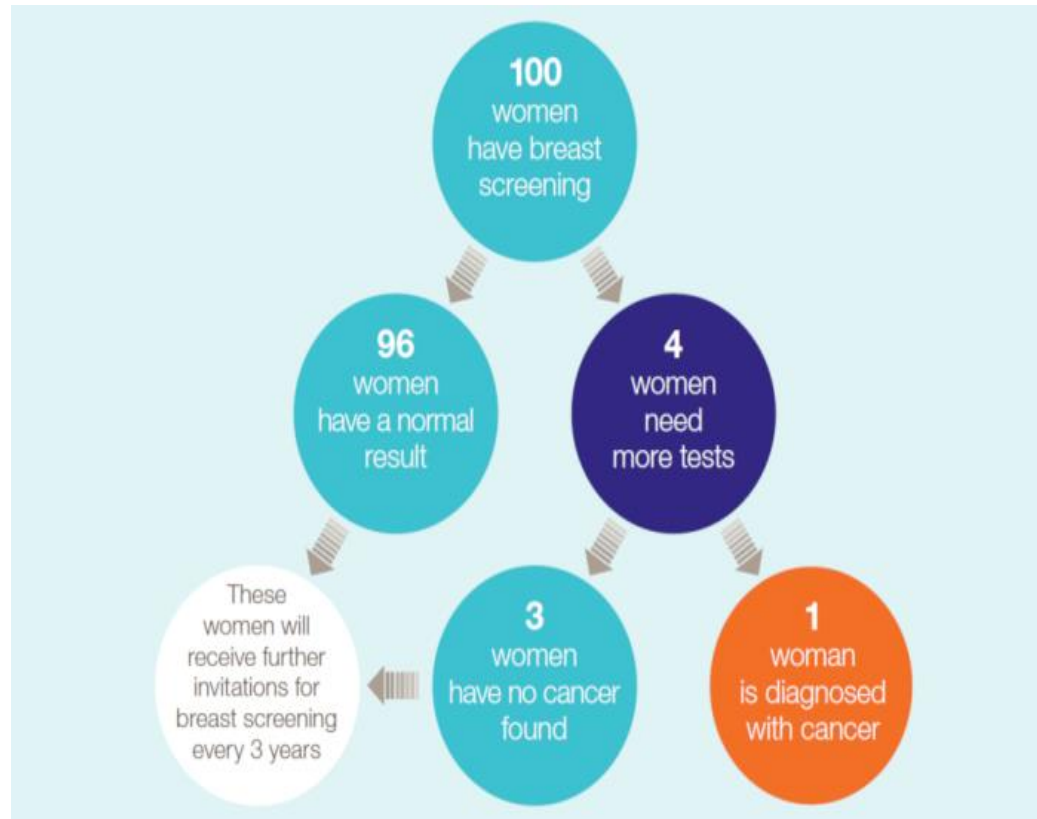
https://assets.publishing.service.gov.uk/government/uploads/system/uploads/attachment_data/file/765594/Easy_guide_to_breast_screening.pdf



**NHS breast
screening**
Helping you decide



Breast Screening





BREAST CANCER IN WOMEN UNDER 50

IT'S BECOMING MORE COMMON...

Breast cancer cases in women aged under 50 have topped 10,000



One in five breast cancers are in women aged under 50



...BUT SURVIVAL RATES ARE IMPROVING



Among women diagnosed before age 50



GET TO KNOW YOUR BREASTS

Each year, about 50,000 women are diagnosed with breast cancer in the UK. Improvements in treatment means more women are surviving breast cancer. The sooner breast cancer is diagnosed, the more effective treatment can be. If you are aware of any change in your breasts tell your doctor as soon as possible

1

LUMPS

Any lumps, thickening or lumpy areas in one breast or armpit that do not disappear after your monthly period

2

APPEARANCE

Change in the outline or shape, especially caused by arm movements or by lifting the breasts. Any puckering or dimpling of the skin

3

DISCOMFORT

Discomfort or pain in one breast

4

NIPPLE CHANGES

- Discharge that is new to you and not milky
- Bleeding / moist reddish areas that do not heal easily
- Position if the nipple is pulled in or pointing differently
- Rash appearing on or around the nipple

Learn more about breast cancer in women and men at:
WWW.MACMILLAN.ORG.UK/BREAST



TO HELP MACMILLAN SUPPORT
MORE PEOPLE AFFECTED BY CANCER

TEXT 'BREAST' TO
70550 TO GIVE £3



4 IN 10 CANCER CASES CAN BE PREVENTED...



●●● Larger circles indicate more UK cancer cases

Circle size here is not relative to other infographics based on Brown et al 2018.

Source: Brown et al, British Journal of Cancer, 2018

LET'S BEAT CANCER SOONER
cruk.org/prevention





Breast Screening

Any questions?

Thank you for listening.

