



Issue 48/Wednesday, 23 September 2020

This is the latest round-up of information for GP practices, produced by South East London CCG. Should you have any questions or need advice, contact your local borough primary care team in the first instance; they will escalate anything they can't resolve to south east London's Coronavirus co-ordination centre.

Please check for any borough-specific information, which will be attached to this bulletin by your borough primary care commissioning team.

Latest news

COVID-19 testing and 111

A quick reminder that 111 no longer arranges COVID-19 testing for patients.

'111' is to make it easier and quicker for patients to get the right advice and treatment they need, and remains the contact point for patients seeking advice or treatment should they need it during the GP out of hours period.

If a patient requires a COVID-19 test, please ask them to call 119 or [visit the portal](#)

Also offer any necessary advice on self-isolation if symptoms are present.

Flu resource pack for PCNs and all GPs

NHSE/I released a [resources pack](#) for the 20/21 flu vaccination programme last Friday (18 September) for all PCNs and practices.

Page 12 is particularly helpful in dealing with requests for the flu vaccine from the 50-64 year-old cohort.

National data opt-out date change

Due to Covid-19, the compliance deadline for the national data opt-out scheme has now been extended to March 2021.

Originally it was September 2020.

Click [here](#) for more information

Updated London Care Homes Resource Pack

Please find [a link to version four](#) of the London Care Homes Resource Pack to distribute through your channels.

The previous version was sent out on 27 May 2020.

The resource pack is designed to complement and not replace local guidance and professional judgement.

The changes made to the resource pack since v2.1 are clearly set out in slide 46 – Change Log.

For any resource pack related queries email hlp.ehchprogramme@nhs.net

Infection prevention and control advice

IPC webinars

NEL CSU are providing additional [IPC webinars](#) and one-to-one drop-in sessions for [GP practices](#) throughout September and October.

IPC guidance communications toolkit

NHS London comms team have just released a new comms toolkit to help support the IPC Covid-19 guidance for the remobilisation of services within health and care settings, which was released in August.

Link to download the [communications toolkit](#), a key highlights [reference guide](#) and the [care pathways overview poster](#)

Primary care infection and prevention guidance

Staff across the NHS, including GP practices, have been applying the [latest infection and prevention guidance](#) from Public Health England (updated on 16 September). While this is vital in patient-facing situations, we all also need to continue practising social

distancing in other parts of our daily work, especially around meetings and breaks.

Finding ways to maintain good infection prevention in these settings is equally important, helping to protect ourselves and our colleagues from contracting the virus.

Virtual seminars and conferences

Guy's and St Thomas' NHS Foundation Trust

Guy's and St Thomas' have two upcoming virtual seminars for GPs and practice nurses.

Sexual health update for primary care

1:30 to 2.30pm, Tuesday 29 September

Consultant in sexual health Dr Anatole Menon-Johansson presenting

This event attracts one CPD point.

To book this webinar, please [click here](#)

Update on child obesity

1:30 to 2.30, Tuesday 20 October

Clinical Lead for Obesity Service Development Project, Jennie Crossan, and Lead Paediatric Dietitian, Julia Hopkins, both present this webinar.

This event attracts one CPD point and a certificate of attendance will be sent to you.

To reserve a place [click here](#)

King's Health Partners Annual Conference

King's annual conference will be held this year online from the 13 to 14 October.

It will see the launch of their new five-year plan, 'Delivering Better Health for all through High-Impact Innovation'.

The conference will cover a broad spectrum of renowned speakers sharing their views on how it will drive real benefit to patients and communities.

[You can use this link to register online](#)

Cicely Saunders Annual International Lecture 2020

Cicely Saunders has asked us to let you know this year's annual (and virtual) lecture is 4.30pm to 6.30pm on Thursday 5 November and is entitled:

'Palliative Care in an era of Covid-19: Perspectives from three continents.'

Speakers:

Dr Eve Namisanho, PHD, Cicely Saunders Institute, King's College London

Professor Steven Pantilat, MD, Department of Medicine at the University of California, San Francisco.

Professor Irene Higginson (OBE), PHD, Cicely Saunders Institute, King's College London

For more details contact palliativecare@kcl.ac.uk

Information from acute and mental health providers

e-RS update

The latest versions of the documents outlining changes to referrals at our acute hospitals are below. Latest updates and key messages to practices are in red:

[GSTT Acute \(updated 22/09\)](#)

[King's College Hospital NHS Foundation Trust \(updated 15/09\)](#)

Cancer updates

South East London Cancer Alliance

[Cancer Updates for GPs - 16 September 2020](#)

Dr Winnie Kwan, GP lead for Bexley, has produced a [practical support guide](#) to help the understanding of the requirements of the PCN DES.

The guide includes a number of approaches for PCNs to consider in order to deliver the early diagnosis elements of the DES specification.

Medicines management

Recent publications from the SEL Integrated Medicines Optimisation Committee (SEL iMOC)

The following approvals are now available:

NEW

[Position statement](#) outlining prescribing recommendations for preferred modified release methylphenidate tablet brands in SEL.

Patient information leaflets to support implementation of the recommendations in the position statement above: [Delmosart leaflet](#) and [Xenidate leaflet](#)

UPDATED

[Paediatric share care guidance](#) for Attention Deficit Hyperactivity Disorder (ADHD) treatments in paediatrics - updated to reflect the preferred modified release methylphenidate tablet brands in SEL.

[Initiation form](#) and [Transfer of Prescribing form](#) for sacubitril valsartan (Entresto™) in heart failure.

Shared care prescribing guidelines for the use of the following immunosuppressants in ADULT patients post liver transplant: [mycophenolate mofetil](#), [tacrolimus immediate release \(Prograf™\)](#), [tacrolimus extended release \(Advagraf™\)](#) and [azathioprine](#). These guidelines aim to support safer prescribing in existing patients who are already receiving these medicines in primary care.

AMENDED

Formulary category: The following pancreatin preparations have been re-categorised in the [SEL Joint Formulary](#) from Amber 2 to Amber 1 to support a more streamlined patient care pathway: Creon™ capsules, Pancrease HL™ capsules and Pancrex V™ capsules.

The SEL Integrated Medicines Optimisation Committee - new name for the Area Prescribing Committee

From 1 September 2020, the SEL Area Prescribing Committee (SEL APC) has changed its name to the **SEL Integrated Medicines Optimisation Committee** (SEL IMOC).

This is to reflect the transition of the local healthcare system to an integrated care system (ICS) in south east London.

If you'd like to find out more about the committee's role and functions, please refer to their updated [Terms of Reference](#).

The previous committee name will continue to be included (in brackets) as appropriate on IMOC outputs for the rest of this financial year to enable local healthcare professionals to become more familiar with the new name.

Do look out for resources and outputs from the SEL IMOC.

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